Seaside special

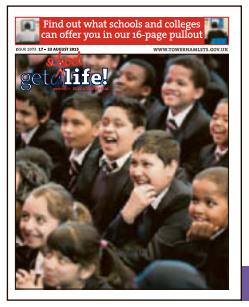
Park hosts a Grand Day Out

SEE PAGE 10

Build it and they will come

Kids battle it out at Mudchute Farm go-kart extravaganza

SEE PAGES 18 & 19



Educating the East End

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SEE INSIDE

ISSUE 1073 17 - 23 AUGUST 2015

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TOWER HAMLETS eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

A LEVEL STUDENTS MAKE THE GRADE

BY SAM GOUGH

AFTER two years of hard work, students across the borough are celebrated getting their A Level results.

Thursday, August 13 was the day they had all been waiting for and results at Mulberry School in Stepney were strong. Head teacher Dr Vanessa Ogden said that 75 per cent of students achieved A* to C grades and 80 have had offers for Oxbridge or Russell Group universities.

Kawsara Chowdhury, 18, achieved A*s in maths and physics and an A in further maths. She is going to read maths at King's College.

"I feel really relieved – because I felt like my exams didn't go so well. But my grades say otherwise!" she told East End Life.

"The school has been so, so supportive – especially my maths teachers. I'm going to really miss this place as I've been here for seven years."

Thasneem Zaman, 18, achieved one A* and two Bs. She will be studying geography at University College London.

She said: "I'm so happy. I want to thank the school. Teachers would respond almost 24/7. I couldn't have achieved these grades without their support."

Deputy mayor Cllr Sirajul Islam joined students at the school to celebrate.

"I want to say a big well-done to students who have achieved so much," Cllr Islam said.

"The achievements of students across the borough are testament to our teachers, as well as the support of parents. Teachers are so dedicated to inspiring young people to achieve their dreams."

Continued on page 9

Deputy mayor Cllr Sirajul Islam joins girls at Mulberry School celebrating their A Level results

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Reaching out

"I do not have many friends here and these sessions have been really useful for improving my life."

BETHNAL GREEN RESIDENT

Community project puts health first

Projects celebrated at the Well London Old Bethnal Green event include morning relaxation, cooking on a budget and young at heart sessions for the over-50s.

SEE BELOW

News

East End Life is produced by Tower Hamlets Council, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.
Tel: 7364 3179 Fax: 7364 4917
Email: eastendlife.news@towerhamlets.gov.uk

TOWER HAMLETS

eastendlife

Editor Helen Watson
Tel: 7364 3173

Deputy Editor Russell Cotman
Tel: 7364 4128

Reporter
Jessica Odubayo
Tel: 7364 4365

Photos
Kois Miah
Tel: 7364 3253

Advertisement Manager
Sharan Ahmed
Tel: 7364 4061

Senior Advertising Sales Executive
Christine O'Doherty
Tel: 7364 4994

Senior Advertising Sales Executive
Fatima Khan
Tel: 7364 4623

Advertising Production Controller & Sales Executive
Terri Gornall
Tel: 7364 4682

Distribution Manager & Finance
Abdul Miah
Tel: 7364 0474

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soundtalking

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Council director of public health Dr Somen Banerjee (far left) presented Ramzan Ali with a Healthy Space Champion award

Health and wellbeing champions celebrated

BY SAM GOUGH

VOLUNTEERS who helped champion health and wellbeing were celebrated on August 1.

This Well London Old Bethnal Green programme has been running over the past year. It has supported the start-up of small community projects to increase levels of healthy eating, physical activity and mental wellbeing for local people.

The volunteers who worked on the programme were presented with certificates by Dr Somen Banerjee, council director of public health.

Dr Banerjee said: "It was a fantastic opportunity to congratulate the local volunteers for all their hard work, and the delivery team for making this Well London programme in Old Bethnal Green a huge success. The programme has brought residents together from all backgrounds, empowering them to make decisions about how they want to improve the health and wellbeing of their community. It was a real pleasure to see how proud the volunteers were of what they have achieved in such a short time."

Some of the projects celebrated at the event included:

- Morning relaxation, which supported local women to improve their mental wellbeing through relaxation tips and a range of workshops;
- Cooking on a budget, which helped residents to learn how to make healthy meals when money is tight;
- Young at heart, which gave residents over the age of 50 the chance to socialise with others of the same age, reducing the chances of isolation.

One participant in the morning relaxation sessions said: "I do not have many friends here and these sessions have been really useful for improving my life.

"Workshops were provided by experts, which were helpful to me in understanding my health. Even though I am pregnant I made an effort to come – as the sessions were so useful and enjoyable."

Mayor John Biggs added: "Well London makes a big difference to the way people feel about themselves, their community, and their local neighbourhood. It gives people the chance to come together and have fun – and at the same time helps to enshrine healthy attitudes in peoples' everyday lives."

The project was supported by the Greater London Authority, Tower Hamlets Public Health, and the Big Lottery Fund.

It was delivered in partnership with Tower Hamlets Community Housing.

eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

A LEVEL STUDENTS MAKE THE GRADE

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Borough was bombarded in The Blitz

Nearly 1,300 bombs were dropped on Tower Hamlets during the 1940-41 Blitz alone and 33 of these were in the Bethnal Green North ward in the area surrounding Temple Street.

SEE BELOW

Local history

Website allows public to see the nearest wartime explosion to their home.

BOMBSIGHT.ORG

Residents evacuate bombsite

BY SHALINA HUSSAIN

AN unexploded Second World War bomb uncovered at a building site in Bethnal Green has been safely defused.

The 500lb bomb was discovered by builders in a basement in Temple Street just before lunchtime on Monday, August 10.

Emergency services attended the site and the area was cordoned off.

Police, armed forces and the London Fire Brigade put a 200-metre exclusion zone in place overnight while the council set up a rest centre for evacuated residents at Bethnal Green Academy.

Below left: Temple Street residents Steven and Karen Hall sit it out at the Bethnal Green Academy evacuation centre. Picture by Kois Miah

Residents at the centre were supplied with a bed, food and drink, blankets and wash bags.

Military personnel worked through the night to stabilise and defuse the bomb, which is believed to have been dropped during German bombing raids in the early 1940s.

Local people were given the all clear just after lunch on August 11.

Mayor John Biggs said: "Many thanks to the emergency services who worked tirelessly with us to make the area safe as soon as possible.

"My thanks also go out to our residents who have been incredibly patient and understanding throughout this incident."

A commander from Army Explosive Ordinance Disposal addresses the crowd

Experts assess the scale of the problem posed by the Bethnal Green bomb Pictures by Sgt Ross Tilly

Scenes of devastation

BY NATHAN AKEHURST

RESIDENTS disturbed by the discovery of an unexploded Second World War bomb in a Bethnal Green basement may remember this is not the first time such a thing has happened in recent years.

In 2007 another unexploded bomb was discovered on Palmers Road, about 20 minutes' walk from Temple Street, where Monday's bomb was discovered.

Residents were evacuated for two days while the armed forces took charge of the site and worked round the clock to defuse the device.

In 2008, the largest bomb in 30 years was discovered by a digger on the London Olympic construction site.

The 1,000kg device was detonated in a controlled explosion.

Tubes and buses were stopped, flights to London City Airport diverted and, at one point, police even drew up plans to evacuate tens of thousands of Bow locals.

It is no surprise that these incidents are so frequent.

Nearly 1,300 bombs were dropped on Tower Hamlets during the 1940-41 London Blitz alone and 33 of these were in the Bethnal Green North ward surrounding Temple Street.

The latter figures are from Bomb Sight, a free resource on the web that allows people to see the nearest wartime explosions to their own street.

Redmans Road in 1942

However, by far the worst wartime tragedy in the area was the Bethnal Green Tube disaster of 1943. Following a false alarm, 173 civilians were killed in a crush while attempting to take shelter in the station.

Today, the Stairway to Heaven memorial in Bethnal Green Gardens to commemorate the station disaster nears completion.

It has received more than £20,000 in support from the council and a huge number of individual contributions.

It is still fundraising for the last section – the staircase that gives the memorial its name and will sit at its top in a poignant reminder of the circumstances in which the tragedy occurred.

It may have ended six decades ago, but echoes of the Second World War will continue for many years to come. Between 2006 and 2009 alone more than 15,000 items of ordnance were uncovered, according to the Construction Industry Research and Information Association.

The professionalism and fast response of our emergency services has prevented any of these discoveries being lethal.

Yet they still serve as reminders of a chapter in history highlighting both the tragedy the East End experienced and the resilience its inhabitants displayed.

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Have fun in the sun... right here

"It's really important that those staying in the borough get a chance to go out and relax in the sun – our green spaces and our programme of activities are key to that."

COUNCILLOR ASMA BEGUM, CABINET MEMBER FOR CULTURE, BELOW

Popular pedal power

Since launching in July 2010, the cycle hire scheme has almost doubled in size – from 6,000 to 11,500 bikes.

SEE BELOW

News

Queen Mary ranked No1 in London for student satisfaction

QUEEN Mary University of London has been ranked joint first in London, and in the top ten of Russell Group universities, in a student satisfaction survey.

The 2015 National Student Survey ranks satisfaction with teaching at 88 per cent.

Students praised staff for their enthusiasm for subjects, and their ability to make them intellectually stimulating.

London Metropolitan University recorded its highest ever score in the survey, jumping three per cent on last year.

It's overall score was 79 per cent, seeing the university climb six places nationally.

WEAVERS Fields provided the backdrop for an action-packed day of summer fun.
The event, hosted by the council and held on July 29, was the first of six sports and play teams organised by the parks service and sports teams for residents to enjoy.
Visitors played tennis, volleyball, football, table tennis and athletics as well as less well-known games like boccia.
There was a healthy mixture of accomplished players and novices having their first try at a new sport. A climbing wall and bungee trampoline were also on site, along with lots of arts and crafts activities for those less up for running around in the sun.
Nearly 400 people attended.
The council's free summer fun programme includes sports, arts and crafts.
Councillor Asma Begum, cabinet member for culture, said: "Not everyone will be able to get to the beach or overseas this summer, so it's important that those staying in the borough get a chance to go out and relax in the sun – our green spaces and our programme of activities are key to that."

Five arrested in terrorism probe

BY STAFF REPORTER

FIVE members of the same family have been arrested in connection with terrorist offences.

Officers from the Met's Counter Terrorism Command attended an address in Tower Hamlets on Wednesday, August 12.

Officers arrested a 51-year-old man, a 53-year-old woman and three women – a 16-year-old, a 17-year old and a 19-year-old.

All five were arrested on suspicion of possessing information likely to be useful to a person committing or preparing an act of terrorism.

The man was additionally arrested on suspicion of possessing false identity documents with improper intention, contrary to Section 4 of the Identity Documents Act 2010. All five were taken to a central London police station and have subsequently been bailed.

The arrests are part of an ongoing investigation which previously saw one of the women arrested on July 2 on suspicion of preparation of terrorism (under section 5 of the Terrorism Act, 2006).

She is currently on police bail until a date in September, pending further enquiries.

A spokesperson for the council said: "We are working with the police and our main concern now is to ensure the welfare of the children and young people involved."

News in brief

Cycle hire freebies to mark five years

THE Mayor of London and Transport for London (TfL) are marking five years of London's cycle hire scheme by hosting a free access weekend on August 22-23.

It will allow people to try the scheme for the first time and give regular users the chance to travel around London for free.

All journeys will need to be kept to under 30 minutes.

Additional charges will be incurred for using the Santander Cycles for journeys lasting longer than that

Since launching in July 2010, the cycle hire scheme now has almost double the number of bikes – from 6,000 to 11,500 – and docking stations, from 400 to 748.

And in March next year, the scheme will expand into Queen Elizabeth Olympic Park.

For further information visit **www.tfl.gov.uk/santandercycles**

Assault man jailed

A MAN has been jailed for assaulting a Tower Hamlets Enforcement Officer (THEO) and breaching an anti-social behaviour order.

John Coffey, 39, admitted both charges at Stratford Magistrates' Court on July 14, 2015.

The incidents occurred in late May when officers approached Coffey, who had been drinking in the Brick Lane area and told him he was subject to an ASBO banning him from drinking alcohol in the borough.

Police were called and Coffey attacked a THEO with a piece of wood.

Coffey, of 153-175 Booth House, Whitechapel Road, E1, was jailed for 16 weeks and ordered to pay £260 costs.

Contact the mayor

To contact the mayor, call his office on 7364 4993 or email him at **mayor@towerhamlets.gov.uk**

WWW.TOWERHAMLETS.GOV.UK/MAYOR

Share a bit of what you love

Download the FiFiLi app, and you can send photos of things you love about the borough – landmarks, quirky shops, beautiful scenery or an activity you like doing.

AVAILABLE ON YOUR SMARTPHONE VIA THE QR CODE, LEFT

Unity in good and bad times

IT'S not often that an unexploded Second World War bomb turns up in someone's basement in Bethnal Green.

TOWER HAMLETS MAYOR OF TOWER HAMLETS

Given the surprise we all got, I am impressed with how resilient and calm residents were throughout what must have been quite a harrowing day.

There were echoes of the much-talked about East End Blitz spirit in the air, as people shared food and drink in the safety of the accommodation provided by the council.

The police, fire service and armed forces worked round the clock to make the area safe.

Their dedication and professionalism meant that in spite of the difficulty of disarming a bomb in a cramped basement, residents only had to spend one night away from their homes.

I know it's a pain when these things happen and the unexploded bomb stopped traffic and inconvenienced people, but it also brought our borough together and showed us at our best.

I am grateful to all the members of the emergency services and to the council staff who responded so willingly to ensure everyone was safe.

Our borough has also come together in the last few days to celebrate our pupils' A Level results.

Congratulations to all those students whose dreams came true.

Last year Tower Hamlets was named as one of the top inner London boroughs for students going on to university.

But it's not just about A Levels. In 2012 we were praised for having some of the world's best urban schools, and our education system is a model admired and followed by many others.

GCSE results are out next and, particularly with the school leaving age rising, I want to make sure our vocational offer – because not everyone does A Levels – is up there with the best too.

So whatever the results are this week, I know that our hard-working students have had the support of committed teachers and families.

And as Mayor I want us to do all we can to help all young people benefit from the opportunities to study but also to benefit from the local jobs market.

I'd like to take this opportunity to congratulate everyone who will be going on to the university or job of their choice.

I'd also like to remind anyone who maybe has not got the marks they hoped for that exam results are not the only measure of talent and there will be many other opportunities for achievement and success.

Results day represents the culmination of years of effort, and we should take a moment to appreciate that.

And we will always be looking to improve – this borough should never leave its students and young people behind.

We've still got a few weeks of the summer left, and I hope everyone will have a chance to relax in the sun (and maybe enjoy some of the great programme of free activities that the council is laying on) before we all go back to school, college or work in the autumn.

Mayor John Biggs

Tributes for ex-councillor

THE funeral of a former Bow councillor and long-standing resident has taken place.

Tricia Evans (formerly Patricia Webb), who was a Liberal Democrat councillor in Bow from 1994 until 2002, died aged 56 on August 1.

Family and friends attended her funeral at City of London Crematorium on August 11.

Ray Gipson, also a former councillor and Ms Evan's next-door neighbour, said the community stalwart introduced him to politics, was committed to Bow and well-liked by everyone who knew her.

Tricia was also a publican at The Albert pub in Roman Road, Bow.

"She had a bubbly personality and had time for everybody," Mr Gipson told East End Life.

"She was always going up and down the Roman and was a good person. Her send-off was packed with mourners and well-wishers."

Woman, 66, attacked by armed burglars

BY STAFF REPORTER

DETECTIVES are appealing for witnesses and information following an aggravated burglary at a house in Stepney.

Police were called at 12.40am on Wednesday, August 12 to reports that two men had entered a property through a kitchen window, in Sidney Street, Stepney.

Once inside, they attacked a 66-year-old woman and stole cash and jewellery.

The two burglars, who were armed with a knife, left the property and were last seen running in the direction of Lindsey Street. Both men were dressed in black clothing.

The victim was taken to hospital for treatment to eye injuries and lacerations to her neck.

No arrests have been made.

Anyone with information is asked to call detective constables Munayum Mustafa or Amy Gould at Tower Hamlets CID on 101, quoting reference: 4221494/15.

Alternately, call Crimestoppers anonymously on 0800 555 111.

Clockwise from above: Latif Khwaja with one of his green lillies; a passion fruit flower; a hibiscus.

WHEN he injured his back many years ago, Latif Khwaja decided it wasn't going to prevent him from keeping active.

And after he subsequently had a stroke, he wanted to do something to prolong his life.

Today, the 79 year old is in rude health, all thanks, he says, to the benefits of gardening.

The Shadwell resident opened up his small patio garden this summer, to reveal a display of hibiscus, marigolds, fuchsia, lilies, passion flowers and other exotic species.

Mr Khwaja, who spends up to six hours a day tending his blooms, told East End Life: "My hospital consultant is always surprised to see me looking reasonably well and I have donated pictures of my garden to my GP, who has displayed them in the surgery."

His garden also attracts attention and admiration from passers-by.

He has won numerous Tower Hamlets in Bloom awards and, last year, received a lifetime achievement award.

"Gardening has given me life and happiness," he said. "I often sit outside, look at the flowers and chat to passers-by who stop to comment."

Get the right information

A consultation bus will be touring mosques across the borough, for those attending Friday prayers, to warn them about dodgy travel agents selling tours to the Hajj festival.

SEE BELOW

Gambling problems

Research found that more than 80% of people who spent an average £13.40 were problematic gamblers.

SEE BELOW

News

Advice bus will help you steer clear of rogue Hajj tour firms

BY STEFAN SWIFT

RESIDENTS embarking on this year's Hajj pilgrimage should be on their guard against dodgy tour operators.

Past scams and rip-offs have included operators claiming people will be accommodated in five star hotels when it turns out not to be the case and, in extreme cases, agents disappearing with pilgrims' money.

Every year about 25,000 people from the UK take the Hajj pilgrimage and a significant number travel from Tower Hamlets. The council will be providing essential information to residents travelling this year.

A consultation bus will be touring mosques across the borough, for those attending Friday prayers, in the run up to Hajj.

Residents are advised to check that firms are properly registered and that tour operators hold an Air Travel Organiser's Licence, (ATOL) and belong to a trade organisation such as Association of British Travel Agents (ABTA) or International Air Transport Association (IATA).

Mayor John Biggs said: "These events will give residents in the borough the information they need to guard against those who unscrupulously take advantage of consumers."

In addition to consumer awareness there will be public health advice on how best to prevent ill health when travelling to Hajj.

A man receives some travel advice

The bus will be available to offer advice on having a safe trip on the following dates

Friday, August 21, 12-2.30pm – East London Mosque and London Muslim Centre, 46-92 Whitechapel Rd, E1.

Friday, August 28, 12-2pm – Redcoat Community Centre, 256 Stepney Way, E1.

Friday, September 4, 12-2pm – Brick Lane Jamia Mosque, 59 Brick Lane, E1.

Friday, September 11, 12-2pm – Darul Ummah Jamme Mosque, 56 Bigland Street, E1.

Officers from the council's consumer and business regulations service will be on hand to answer questions.

If you have any concerns about tour operators or would like to report any Hajj or Umrah agents in the borough, you can do so anonymously by calling 7364 5008.

Alternatively you can email trading.standards@towerhamlets.gov.uk

Council backs campaign for new gambling rules

THE council has pledged its support to a campaign which is trying to make the gambling industry more responsible.

The borough is supporting the Campaign for Fairer Gambling, which has called for the maximum single stake on fixed odds betting terminals to be lowered.

The Local Government Association (LGA) has made the submission for an amendment to the 2012 Sustainable Communities Act to reduce the maximum stake from £100 to £2.

Neighbouring Newham Council originally submitted the proposal which led to the government implementing new measures requiring those who stake more than £50 a spin – the equivalent of £150 a minute – to identify themselves to staff or sign up to a loyalty card.

The campaign feels this does not go far enough.

Research undertaken by the Responsible Gambling Trust has found that high levels of problem gambling can occur even when spending is reduced.

More than 80 per cent of those who bet an average of £13.40 or more were found to be problematic gamblers.

Some operators of terminals only require customers to submit a name, phone number and email address to enable them to pay more than £50 a spin, with only the phone number needing to be verified.

Mayor John Biggs said: "The council supports the submission to the Sustainable Communities Act about problems caused by fixed odds betting terminals.

"The accessibility of these machines is a particular problem, especially as betting shops thrive in some areas across our borough.

"Allowing people to lose up to £150 a minutes has a seriously detrimental effect on these people's lives, and the wider community."

News in brief

£5,000 for charity

A HOMELESSNESS project in Spitalfields is among 16 organisations granted funding to increase volunteering.

Awards of between £2,500 and £10,000 have been made by the Mayor of London's Small Grants scheme.

One of the top reasons people give for not volunteering is lack of time. Some of the schemes awarded a grant are specially designed to allow peole to volunteer at short notice, for a few hours at a time.

Providence Row in Spitalfields received £5,000 to work with homeless and formerly homeless adults, supporting them to move into work and find stable accommodation.

For information on how you can help the charity visit **www.providencerow.org.uk/volunteering**

UCL at the Wharf

A LONDON university is basing a postgraduate programme in Canary Wharf.

University College London's new school of management will occupy the whole of Level 38 at One Canada Square.

The school will focus on innovation, technology management, analytics and entrepreneurship.

The premises will open for teaching from September 2016.

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For your information

Parking to pest control, housing to hate crime

TURN TO PAGES 14 & 15

Get free help with travel insurance disputes

Financial Ombudsman Service

The Financial Ombudsman, the free service to help sort out problems between consumers and businesses, resolved more than 2,300 complaints about travel insurance last year.

SEE BELOW

Useful information

Avoid summer holiday pitfalls

News from the Financial Ombudsman Service

WITH August now in full swing, you might be thinking about taking some time out to relax, unwind and enjoy yourself.

Whether you fancy a trip abroad, a long weekend or a nice staycation, making sure that you're on top of your finances before taking a break can make relaxing in your downtime that much easier.

And it can remove some of the worry if something does go wrong.

The Financial Ombudsman Service – the free service set up to help sort out problems between consumers and financial businesses – resolved over 2,300 complaints about travel insurance alone last year so it's important to know that you have things sorted before you start making the most of what the summertime has to offer.

Here are our top tips on how to have a hassle free holiday, no matter what you have planned.

Ensure you're insured

Travel insurance can vary considerably so remember to take the time to find the policy that works for you.

It's important to remember that cheaper doesn't always mean that it's better and there's a chance that the policy might not cover you for things you have planned while away – so it always pays to check.

You may also want to have a policy in place for the lead-up to the holiday in case something happens and you can't go.

Keep yourself covered with credit

If you're staying at home for your holiday but still want to make the most of the warm weather, whether it's buying some new summer clothes or staying a nice hotel – you may want to use a credit card so you can be protected legally by something called section 75 of the Consumer Credit Act.

Section 75 only applies under certain circumstances, but if you don't receive the goods you paid for or what you purchased isn't of the required standard, you may be able to get your money back from your credit provider.

Leave it all behind

If you're lucky enough to be going away for an extended period of time – whether it's abroad or across the UK – it's worth checking your home insurance policy.

This is because there's likely to be a limit to the number of days that you can leave your home unattended.

Even if you're just off for a few days or a long weekend, it's always worth double checking things like locked doors and shut windows before setting off – just in case.

Don't have a breakdown

By this we mean your car. A long journey to an airport or your holiday destination is never a fun prospect, so don't make things worse by having no cover if the worse does happen and your car breaks down.

Enjoy yourself!

Wherever you choose to escape to this summer, we hope that you have a relaxing and trouble-free trip.

But if you do have a problem, let the financial business know – they should be able to sort things out for you. If you're still unhappy, the ombudsman may be able to help.

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.
Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.
Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.
Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.
Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.
Forward, 648 Mile End Road: Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.
Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.
Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.
Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat 9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

East London Parkinson's Support Group
For people with Parkinson's disease and their carers. Meets third Weds each month, 11am-12pm at John Scurr Community Centre, 1A Bekesbourne St, E14.
0844 225 3704/0808 800 0303

Family Information Service (FIS)
The Family Information Service provides information for people from birth to age 19 including helping parents and carers find childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm.
30 Greatorex Street, E1.
fis@towerhamlets.gov.uk
7364 6495

Alzheimer's Society Tower Hamlets
Advice and help for carers and people with dementia.
Mon-Fri, 9am-5pm.
Robinson Centre, Mile End Hospital, Bancroft Road, E1.
8121 5626

Tower Hamlets Advocacy Project
Independent advocates for adults with learning disabilities.
Mon-Fri, 9.30am-4.30pm.
Gladstone Place, 1 Ewart Place, E3.
7364 2550/2199

Parents Advice Centre (PAC)
Offers advice around special educational needs (SEN).
30 Greatorex Street, E1. Drop-in sessions every Tues & Fri, 9:30am-3.30pm.
364 6489

LinkAge Plus
An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1
7392 2914
www.toynbeehall.org.uk

Free Advice
Benefits, housing, immigration. Bengali speakers, home visits to house-bound. Weds, 10.30am-12.30pm, Island House, Roserton Street, E14. Thurs, 1-3pm, Splash, Will Crooks Estate, Poplar High Street, E14.
7987 9379

Skillsmatch
Free advice on all aspects of employment including training, apprenticeships and job vacancies.
Canary Wharf Recruitment & Training Centre, 55 Upper Bank Street, E14.
7364 3727 or email skillsmatch@towerhamlets.gov.uk

Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email **eastendlife.news@towerhamlets.gov.uk** and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name .....

Address .....

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Tower Hamlets National Childbirth Trust
Offers support, information and friendship to parents and parents-to-be. Regular events.
07976 710964 or towerhamletsnct@yahoo.com
www.nct.org.uk

Breastfeeding Support Centres
Mon 11am-1pm Wapping Children's Centre, 15 Chandler St, E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3. Sun 2-4pm Barkantine Birth Centre, 121 Westferry Rd, E14.
3594 2591 or 07961 609 626

Free home fire safety advice
From the London Fire Brigade
08000 28 44 28

Careers advice

Tower Hamlets Careers Service
Careers advice for ages 13-19 (up to 25 SEN). Mon-Fri, 1pm-5pm. Appointments available.
Careers Centre, 35 Bow Road, E3.
7364 1401

TH Lifelong Learning
Mon-Thurs, 10am-4pm.
Shadwell Centre, 455 The Highway, E1.

Careers advice
Support from Civic Enterprise Clubs Co-operative. Tues & Thurs, 1-4pm & 6-9pm
Bishopsgate Institute, 230 Bishopsgate, EC2.
07432 463343

‘Impressed with diligent pupils’

“Today is the start of the rest of their lives. Whether they go on to work, carry on their education at university or start an apprenticeship, their results will be a firm basis for a bright future.”

MAYOR JOHN BIGGS, BELOW

Fulfilling her dreams

Fang Ting Chen has ambitions to study accounting and plans to secure a job at a firm in Canary Wharf.

Results ‘a firm basis for a bright future’

Continued from page 1

Dr Ogden was delighted with the results.

“Many of the girls who have excelled are students who entered Mulberry in Year 7 with achievement profiles that would be described as average,” she told East End Life.

“With outstanding teaching, excellent pastoral care and the creation of self-belief as well as an environment that promotes the success of women in particular, you can aim high and achieve those ambitions, regardless of your starting point.

“Every girl who has done well has worked for her success and she thoroughly deserves her place at university.”

Mulberry made the national news in June when First Lady Michelle Obama visited. She launched Let Girls Learn at the school, an initiative to improve opportunities for girls worldwide to complete their education.

Mrs Obama told the school: “Girls like you who inspire me. I am so proud of your passion and diligence. You are great, working so hard to complete your education. In so many ways your story is also my story.”

Mayor John Biggs said: “I’m so impressed with our diligent pupils. Today is the start of the rest of their lives. Whether they go on to work, carry on their education at university or start an apprenticeship, their A Level results will be a firm basis for a bright future.”

Fang Ting Chen spoke very little English when she arrived in the UK

Michael Luckie and Eric Jay were happy with their results

Students reaping rewards of hard work, care and support

STUDENTS at Raine’s Foundation School have gained places at some of the country’s best universities. Harry Boran and Oliwia Lewandowska will be going to Edinburgh to study veterinary medicine and psychology. Sian Cantwell has got a place on the sought-after sports science course at Loughborough. And Lucia Estephane achieved 2 A*’s and 2 A grades.

BY JESSICA ODUBAYO

A LEVEL students at Tower Hamlets College celebrated after achieving the highest number of top grades ever achieved at campus.

A record 31 per cent of students achieved top grades at A*, A and B, the best ever performance for the college.

Overall, success rates were high, with the college achieving a pass rate of 92 per cent.

Farjana Aktar, 18, who scored A* and two Bs in sociology, literature and psychology has a place at City University to study psychology and sociology.

“I am really happy. My results are due to hard work and the support of college tutors,” the Bow resident said.

Sadat Rashid from Stepney Green gained two As and a C in maths, further maths and physics. The 18-year-old, who wants to study aerospace engineering, narrowly missed the grades for his first choice of university but was hoping to gain a place at a London university, through clearing.

Rakib Islam & Rahel Amin pick up their results

Twenty-year-old Michael Luckie told East End Life that he was “quite happy” with his results, which have secured him a place on a politics and history degree at Brighton University.

“Tower Hamlets College has helped me a lot in areas such as coursework and structuring my essays,” he said.

“They really showed care and support. I’ve told my dad about my results, he is really happy.”

Three years ago, Fang Ting Chen spoke very little English when she arrived from China.

Now, she has ambitions to study accounting at a leading London university and plans to secure a job at a firm in Canary Wharf.

Fang Ting, who picked up her AS results, gained As in maths, further maths and accounting and is on her way to fulfilling her dream.

“I worked really hard for this. I studied for eight hours a day in the lead up to the exams. I am working in a restaurant this summer holiday but will return to the college for my A Levels,” she said.

Joe Mannion studies law

Clearing lifeline

FOR many students, A-level results day is a time to celebrate.

But for those who don’t do as well as expected, have changed their minds or have left it too late to apply, clearing can offer a vital lifeline and alternative route into university.

Students from the University of Cumbria, which a campus in East India Dock Road, have made a video to help others navigate the pitfalls and get their higher education back on track.

Joe Mannion, 20, has just finished his second year studying a BA (Hons) in law at the university. He originally intended to study history and politics but, after a change of heart, he decided to study law.

He said: “I always wanted to study law but didn’t think I’d meet the requirements. The whole day of clearing I must have rung 30-odd universities to talk about three or four different courses.

“I really wanted to get a massive range. At the end of the day, I had a list of all the universities I wanted to go to and all the courses I might have a place on, and I picked the best one for me.”

Lauren Millar, 23, works for the university as a graduate intern. When her A Level results came in she realised she had not chosen the right course.

She said: “I spoke to a few people for advice and they recommended a few universities and the University of Cumbria was one of them.”

For tips on clearing, visit **www.cumbria.ac.uk/Courses/Clearing/TopTips.aspx**

Make your mark on Victoria Park

Join community park rangers for some practical conservation on Monday, August 31, from 10.30am-1.30pm. Meet at the outdoor classroom near St Agnes Gate. **Call 7364 4504 for details**

Free family fun days

"It can be hard to find inexpensive day trips which is why we are putting together free summer events."

MAYOR JOHN BIGGS, BELOW

It was A Great Day Out as Victoria Park hosted fun at the beach. **Shalina Hussain** reports. Photos by **Rehan Jamil**.

A variety of music made the day go with a swing

Shamus, 5, in the saddle

Summer, 7, and Lily, 9, enjoyed the fairground attractions

Mr Punch kept the crowd entertained

Iffat, 10, and Maisha, 8, climbed the nets

Oh, we do like to be beside the seaside...

THE SEASIDE was brought to the East End as thousands of revellers enjoyed A Great Day Out in Victoria Park.

There was a beach, a giant inflatable slide, funfair attractions including a coconut shy and a flying dumbo carousel, plus donkey rides and lots of ice cream.

The event was organised by the council during the national Love Parks Week.

More than 10,000 people attended the free event on Saturday, August 1.

The day took five months of precision planning. Mudchute Farm loaned donkeys for the day and Monkey Do provided nets for children to climb and slide on.

The Victoria Park Friends Group treated the audience to live music at the bandstand.

Cardboard City which took place at the event, was as popular as ever. Young people had the chance to create their own buildings from cardboard, while their families helped decorate and recreate popular London landmarks.

Lynn Ioannou said: "This is such a great event and I can't believe it's free for all the family!"

Mayor John Biggs said: "Judging by the smiles on people's faces A Great Day Out was had by all! It can be hard trying to find fun and inexpensive day trips for the whole family to enjoy which is why we pride ourselves on putting together a fantastic programme of free events during the summer."

Cllr Asma Begum, cabinet member for culture, added: "Congratulations to the parks and sports team who pulled out all the stops to bring the seaside to Victoria Park."

To find out more about free events in parks visit www.towerhamlets.gov.uk/parks or call 7364 4504.

Noble, 3, and Shreerupa, 5, enjoyed making sandcastles at the beach

Mayor John Biggs and Cllr Asma Begum took a bumpy ride on the dodgems

Support for victims of sexual violence

My Body Back Project works with women who have experienced sexual violence. It runs specialist services, including a cervical screening clinic and STI self-testing for rape victims.

WWW.MYBODYBACKPROJECT.COM

In safe hands

"People using the service told us they were happy with their care and we received positive remarks."

CARE QUALITY COMMISSION INSPECTORS

News

Care home gets seal of approval

BY JESSICA ODUBAYO

THE careprovided by an adult rehabilitation home in Bethnal Green has been rated 'good', following an inspection by the independent regulator of health and social care in England.

The Care Quality Commission published its findings about Approach Lodge in Approach Road, rating it good for providing safe, effective, caring, responsive and well-led services.

Inspectors, who visited the home in June, said staff were familiar with the provider's safeguarding policy and procedures and had undertaken appropriate training to keep people safe.

People using the service, their relatives and care professionals told inspectors that the staff and registered manager were kind and helpful, and service users were encouraged to participate in planning their care and support. They also felt the home was well managed.

Rebecca Bauers, the commission's head of adult social care inspection in London, said: "Everyone should be confident that their local social care providers will deliver safe, effective, compassionate and high quality care.

"Where we find that this is the case, we give a rating of good, or outstanding."

Jimmy Songa, manager at Approach Lodge told East End life that the rating is a result of the hard work, efficiency and team spirit of staff at the home, which caters for adults with mental health needs.

"We are dedicated to working with care managers, community mental health teams and the council, to deliver a high quality of care to our service users," he said.

Barts pilots new clinic

BARTS Health NHS Trust has launched a pilot service, offering specialist clinical and psychological support to women who have been sexually assaulted.

The clinic will be run in partnership with My Body Back, a project which supports women who have been raped or assaulted to love and care for their bodies again.

Evidence suggests that women who have experienced sexual violence want to be screened for cancer or sexual infection, but often find it difficult to attend regular cervical screening, potentially putting them at increased risk.

The clinic offers staff experienced in dealing with sexual assault victims, a clinical psychologist and an advocate from the My Body Back Project.

It is hoped that the combination of support will help women to feel in control and stay calm during the examination, enabling them to have a more positive experience of having a smear test.

Women will be given choices about how they are treated and aromatherapy, music and massage will be offered to help them feel comfortable.

To find out more **info@mybodybackproject.com**

From left: Barts Health NHS Trust consultant clinical psychologist Amanda O'Donovan and Dr Jill Zelin, with founder of My Body Back Pavan Amara

London Enterprise Academy

"Learning for Life"

Open Days for Year 6

Thursday 24 September 4pm-6.30pm
Thursday 1 October 4pm - 6.30pm
Saturday 10 October 2015, 11 -2.00pm

A new free secondary school in Whitechapel offering:

- Small class sizes with strong discipline
- New modern classrooms with iPads for every student
- High quality teaching and learning
- Broad and balanced curriculum
- A menu of enrichment activities to choose from

Limited places available for Year 7 & 8 in September

81-91 Commercial Road, London E1 1RD
www.londonenterpriseacademy.org • info@londonenterpriseacademy.org • 020 7426 0746

Changing venue

Teviot and Exmouth Estates will host the next Summer Light Nights events on August 21 and 22, from 5-10pm.

SEE BELOW

Holiday scheme is a success

"This scheme features free food – a tried and thoroughly successful theory proved in America as a great way to encourage the community to come together."

CHIEF INSPECTOR MARK LONG, TOWER HAMLETS SAFER NEIGHBOURHOOD TEAM

News

An ambitious scheme, first launched in Los Angeles in 2008, has returned to the borough to tackle anti-social behaviour during the holidays, by giving young people more to do. **Raju Miah** reports. Photos by **Rehan Jamil**.

Light Nights proves a success in getting the community together

THE council has been working in partnership with the police and housing associations to run Summer Light Nights, to bring communities together and improve confidence in policing.

All events feature free food, information stalls and attractions like a bouncy castle, smoothie bikes, fairground games, a climbing wall, dance classes and competitions.

On Thursday, August 6, social landlord Poplar Harca welcomed hundreds of residents to the Lincoln Estate, with live performances and vintage police cars to entertain the crowds.

Visitors also had the chance to roast the perfect marshmallow while sitting around a campfire whilst others attempted to beat police officers on an inflatable bungee run.

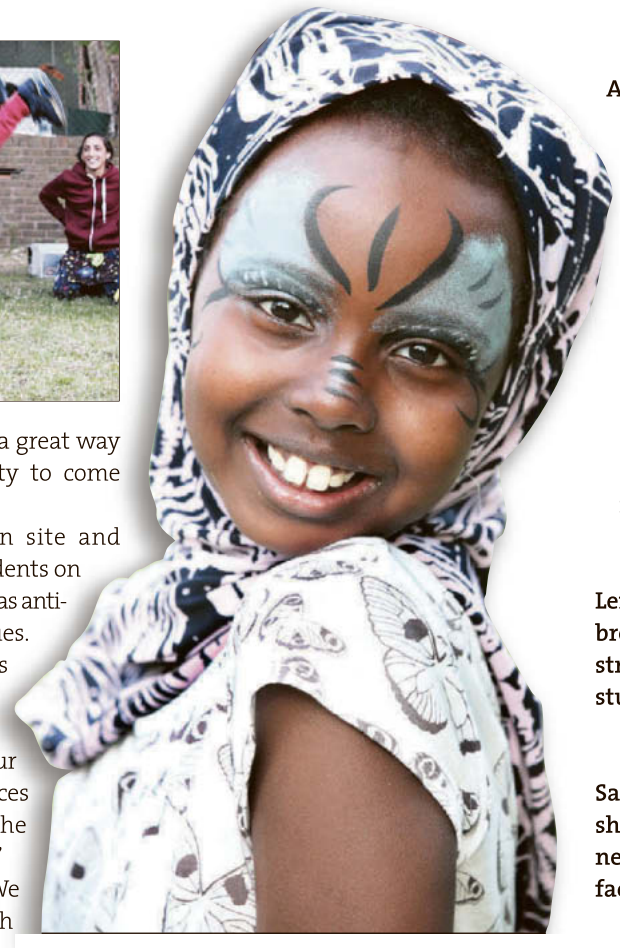
Chief inspector Mark Long from Tower Hamlets Safer Neighbourhood team said: "This scheme proved extremely successful last year with more than 10,000 people in attendance from all generations and communities and I hope that this year will attract even more.

"All events will be accompanied with food – a tried and thoroughly successful theory proved in America as a great way to encourage the community to come together.

"Local officers will be on site and available to engage with residents on any police related matters such as anti-social behaviour or crime issues.

"In addition to this, officers will also be taking part in the organised community events where we will have some of our equipment and support services on show to demonstrate the complexity of policing today."

Mayor John Biggs said: "We have been working closely with our partners to deliver these strategically placed events to encourage the community to come out of their homes and meet the people who are working hard to make the local area a great place to live.



Above: As children enjoy getting creative, Lati takes a view on events from a vintage police car, Farheen, Arman and Salma roast marshmallows and PC Simon Baulch takes on all-comers in the inflatable bungee run

Left: A young breakdancer struts his stuff

Sarah is happy to show off her newly acquired facepaint

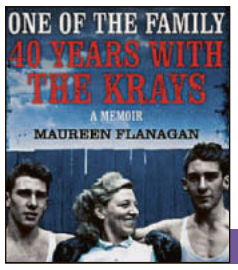
"The evening events have proved to be a good way to bring together residents and professionals in order to share information, get advice and appreciate the efforts everyone is making."

Jamie Lock, assistant director of ASB and safeguarding at Poplar Harca, said: "It was inspiring to see so many organisations working together to create these fantastic events. The range of contributions was very impressive and ensured that the events had something for everyone; information, fun and games, bike marking, brilliant music talent, delicious grub and so much more. Bring on the next one!"

Teviot Estate near Langdon Park and Exmouth Estate near Cornwood Drive will host the next set of events from 5-10pm on Friday, August 21 and Saturday, August 22.

All activities and food served at the event are free and booking is not required.

To find out more visit **www.towerhamlets.gov.uk/Youth**



Watching a criminal empire grow

Flanagan watched from the early days as the brothers' operations room in the spare bedroom at Vallance Road served as the base for a criminal empire

SEE BELOW

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at **johnrennie@gmail.com**

WWW.EASTLONDONHISTORY.COM

History

Model Flanagan and her life with violence and blood-stained shirts

BY JOHN RENNIE

IT'S nearly half a century since 'The Firm' was wound up by Mr Justice Melford Stevenson, with a sentence of 30 years at the Old Bailey and the words "society has earned a rest from your activities".

But the fame of the Kray twins shows no sign of fading. Indeed, with a second feature film about the brothers hitting the cinemas next month, the legend seems to grow apace.

Other London criminal clans, such as their rivals the Richardsons and modern-day counterparts the Adamses, may be longer-lasting and arguably more successful, but none has quite the queasy mix of violence and glamour that attached to Ron and Reg.

The East End, of course, is full of people who claim to have known the twins in their pomp, but a new book by former glamour model Maureen Flanagan gets much closer than most.

"I was the Krays' mum's hairdresser" doesn't sound a promising start point, but Flanagan (as she was known professionally) would become a surrogate daughter to Violet Kray, a little sister to the brothers, and the object of unwelcome romantic attention from Reggie.

It was all about trust. By the early Sixties, Violet was having a hard time living in the East End.

Even going to do the shopping became a trial as she was constantly stopped by friends and strangers alike, eager to hear the latest about the twins, and pushing her to have them intervene in local disputes – a brother or son was getting leant on by villains... could the boys help?

Even Violet's weekly shampoo-and-set was becoming unbearable as she sat for hours in the Bethnal Green salon waiting her turn.

So Flanagan, an ex-hairdresser now working up West in a posh Bond Street shoe shop, was persuaded to come down to 178 Vallance Road and do Violet's hair in the poky kitchen of the Kray family home.

Maureen had two things in her favour: she knew about crooks, having married into a 'naughty' Islington family herself. And she was an outsider – in those days, "London was a collection of villages. Islington was only a few miles away but totally separate".

That trust was quickly tested. She'd met older brother Charlie once before, and was soon smitten. "All the girls love Charlie," Violet laughs to her. But when Reg and then Ron appear in turn in the Vallance Road kitchen, Ron sipping tea and munching his favourite custard creams, Reg carefully clearing away the cups to help his mum, Flanagan senses something very different.

Reggie and Ronnie Kray

Unfailingly polite, Reg nonetheless quizzes her minutely about who she is, where she's from and who she knows, every bit of information being stored up in case it was useful later.

This was no Charlie who would have turned it all into a joke. Ron is something else. "Whereas Reg's physical presence hinted at something sinister, Ron's appearance told you straight away he could be a threat to any equilibrium.

"His eyes bulged slightly... actual menace positively oozed from this twin."

And yet she stayed around, becoming one of the few invited in as a friend, turning a blind eye to the terrifying violence that was the twins currency.

It could all be as distasteful as the dozens of other "my pal the villain" memoirs, but Flanagan writes so well and so objectively about her friends (no, "they never hurt anyone" nonsense here), that we get probably the best book yet about the Krays. She is terrific at observing how that "equilibrium" was fragile and maintained at terrifying cost.

She watches from the early days as the brothers' "operations room" in the spare bedroom at Vallance Road serves as the base for a criminal empire, the boys returning home twice daily for fresh white shirts and suits pressed by mum. (Any shirts splashed with blood are discreetly discarded at friends safe houses, much to Violet's bafflement as she notices a garment or two is missing from her daily wash).

Flanagan during one of her early photoshoots

She sees the amiable and charming Charlie relegated to third place in mum's affections (Reggie is second, father Charlie senior is nowhere).

Violet is the only one who can contain Ron's murderous rages, asking "have you taken your medication" (in the late Fifties, Ronnie had already been sectioned in a mental hospital, and the placatory Charlie says: "You know Ronnie isn't well, mum".)

She watches too as Reg's bride Frances is destroyed and driven to suicide, Ronnie Kray unable to accept anyone coming between the almost telepathic bond between the twins.

"She was so young, so beautiful, but Ronnie wanted rid of her as she took Reggie away from him."

The bond went back to the cradle. Violet recounts a story where she scoops up an infant Ronnie, dying of diptheria, and takes him from the hospital back to lie next to Reggie in Vallance Road. He is immediately soothed and quickly recovers.

Of course the Krays' empire was shortlived, the equilibrium shattered as Ronnie's mental illness precipitated ever more shocking and pointless acts of violence.

And the fame they enjoyed, with visits from David Bailey for photo shoots, and Judy Garland and Diana Dors popping round to Vallance Road for a cup of tea, was courting trouble – successful villains are meant to stay below the radar, not make the diary pages of the Daily Mail.

The old East End was going too. Maureen is fascinated by the marginal world she encounters, where dad Charlie doesn't do any work but goes out "on the knocker", rapping on doors to see if people have "any old gold or silver you want to sell".

But soon the little terrace in Vallance Road is demolished and Violet transplanted into an Old Street tower block, where she's desperately unhappy.

By the end of the Sixties the brothers were out of time. As London swung, their immaculate Italian suits and slicked back hair became period pieces.

Justice Melford Stevenson's draconian judgement would prove to be a life sentence, yet Flanagan stayed loyal, visiting the brothers, taking Ronnie special upplies of Harrod's pork pies and LPs of Puccini operas, even having to turn down Reggie's proposal of marriage.

Having seen what happened to Frances it's not hard to see why. And with the ultra-loyal Violet now dead ("Do you really think the boys are as bad as what they said?" she asks Flanagan plaintively), the organisation of Ronnie's funeral falls to their "little sister". The East End is brought to a halt as 26 limos follow a hearse drawn by black-plumed horses.

Ambivalence about violence is never attractive but Flanagan brings life to the cartoon monsters that the Krays have become, saying: "The twins got what they deserved for their crimes but they paid a terrible price for their fame".

And as someone who knew Ron well and understood his menace, she insists that "underneath the scary exterior Ron was a softer, kinder person than many imagine".

Forget the biographies by fellow hard men, Flanagan, slipping in by the backdoor as Violet Kray's friend and confidante, gets closer to the Krays than most.

One of the Family: 40 years with the Krays, by Maureen Flanagan, is available to buy now.

Legend, starring Tom Hardy, is released on September 9.

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at...

WWW.TOWERHAMLETS.GOV.UK

The Government is changing benefits

Prepare and act now

Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.tower hamlets. gov.uk/data/ your-council/data/forward-plan/forward-plan.cfm

Meeting

Tuesday, August 18

2pm: Licensing sub-committee

The meeting will consider applications for new premises licences for Truck Stop, West India Quay and Real Taste, 185 East India Dock Road, E14. Business also includes consideration of a variation of premises license for Preem Restaurant, 118-122 Brick Lane, E1.

For more details call Simmi Yesmin on 7364 4120 or email simmi.yesmin@towerhamlets.gov.uk

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except cabinet.

Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections

Planning

E1W

St Katharine Docks Marinas and Moorings, St Katharine's Way – environmental impact assessment for refurbishment of marina.

E1

Queen Mary University Of London, 327 Mile End Road – handrails on existing steps and ramp to comply with DDA regulations.
15 Artillery Passage – first-floor rear extension.
Dame Colet and Haileybury Centre, Ben Jonson Road – details of louvres of planning permission, ref: PA/13/01433.
St Bartholomews and the Royal London Medical College, Turner Street – replacement of existing handrails and paving to steps and ramp to comply with DDA regulations, installation of tactile paving.
Eighth floor, Aldgate Place, Whitechapel High Street – change of use from offices to courtroom.
67 Whitechapel High Street – conversion of vacant upper floors to provide 1 x 1-bed at first floor and 1 x 2-bed at second and third floor, including external alterations to the rear to form a roof terrace.
38-40 Commercial Road – change of use of third and fourth floors to offices.

E2

11-21 Wadeson Street – demolition of existing warehouse building and construction of 4-storey building, with 2 commercial and 9 residential units.
Unit 1, 32-34 Bethnal Green Road – placing of tables and chairs for customers to consume food and drink in the courtyard.

E3

Central Foundation Girls School, College Terrace – archaelogical details of planning permission, ref: PA/12/02577.
First floor, 34 Copperfield Road – change of use from offices to residential.

E14

1-3 Turnberry Quay and 1-5 Lanark Square, Crossharbour – non-material amendment of planning permission, ref: PA/15/00026, for verification report, details of materials, dockside walkway, electric vehicle charging point and wheelchair accessible dwellings.
Leamouth Peninsula North, Orchard Place – non-material amendment of planning permission, ref: PA/14/01655.
New Union Close – details of geo-environmental risk assessment of planning permission, ref: PA/12/00360.
The Spice Store, Limehouse Court, 3-11 Dod Street – details of samples of planning permission, ref: PA/15/01103.
Ocean Estate Site H, west of Aston Street, including Allonby, Channel and Studland Houses – details of secured by design of planning permission, ref: PA/13/02911.

Discount deal extended

BY STEFAN SWIFT

BUSINESSES who are part of the Zero Emissions Network (ZEN) can now receive discounts from other members.

A new ZEN membership card has been launched to give discounts at a number of outlets in the City Fringe area.

Card holders can receive money off from FIKA restaurant, Strongroom Bar & Grill and MyPixxa restaurant. Black Box Coffee, Summer with Monika, Look Mum No Hands, Proud Archivist and Canvas cafés are also offering discounts.

There are deals for Tantric Gym and Bikeworks bicycle repair shop as well as a 25 per cent offer for booking advertising on Radio Hoxton.

More than 620 firms have signed up to ZEN for free and are receiving the wide range of exclusive cash-saving deals.

ZEN was established to improve air quality by helping businesses across the City Fringe in Tower Hamlets, Hackney and Islington reduce their output of pollution. This helps businesses save money, reduce pollution and improve the health of staff.

The project offers free energy advice and eco-audits, which assess a company's heating, lighting, insulation, water usage and waste management processes.

Drug treatment providers

Community Drug Team
Substitute prescribing, key working, health screening & referral to residential treatment.
71 Johnson Street, E1.
7790 1344
www.lifeline.org.uk

Nafas
Support with a focus on Bangladeshi community.
The Davenant Centre, 179-181 Whitechapel Road, E1
7377 0676.

Harbour Recovery Centre
In-patient detox for 18+ males.
Riverside House, 4th Floor, 20 Garford Street, E14.
7538 9421

Young People's Service
Treatment for under-19s
Unit 26, Skyline Village, Limeharbour, E14.
3069 7878
www.lifeline.org.uk

Isis
For women aged over 18
c/o Hopetown Hostel, 60 Old Montague Street, E1.
7426 0399
www.compass-uk.org

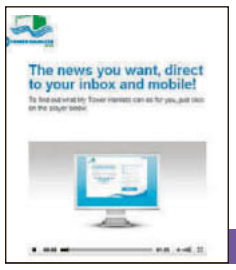
Community Alcohol Team
Unit 22, Skylines Village Limeharbour, E14.
0800 008 7200
www.rapt.org.uk

Somali Substance Misuse
Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi.
Mind in Tower Hamlets & Newham, Open House
13 Whitethorn Street, E3.
7510 1081

My Mum, Sheila Catherine Wylie
1929 -2011

4 years
God gave you to the angels
Miss you very much
and love you forever
Your loving daughter
Tracey xxxx

St. Barnabas (corner of Grove Road and Roman Road)
SUMMER SCHEME
Monday 24th - Friday 28th August, 10am - 4pm
A free scheme for young people living in the E3 area
Age 11-18
Cinema Bowling
Kayaking High Ropes and more!
Contact Jane on 07411 181346 for more information
Sponsored by Action for Bow



Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK

ZEN sense

The Zero Emissions Networks can help companies save money.

WWW.TOWERHAMLETS.GOV.UK

Council information

Town Hall

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.
7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance – 7364 5007
Employment & skills service (Skillsmatch) – 7364 3727
Environmental health, trading standards & licensing – 7364 5008
Planning & development – 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364 5015
Healthline – 7364 5016

General enquiries

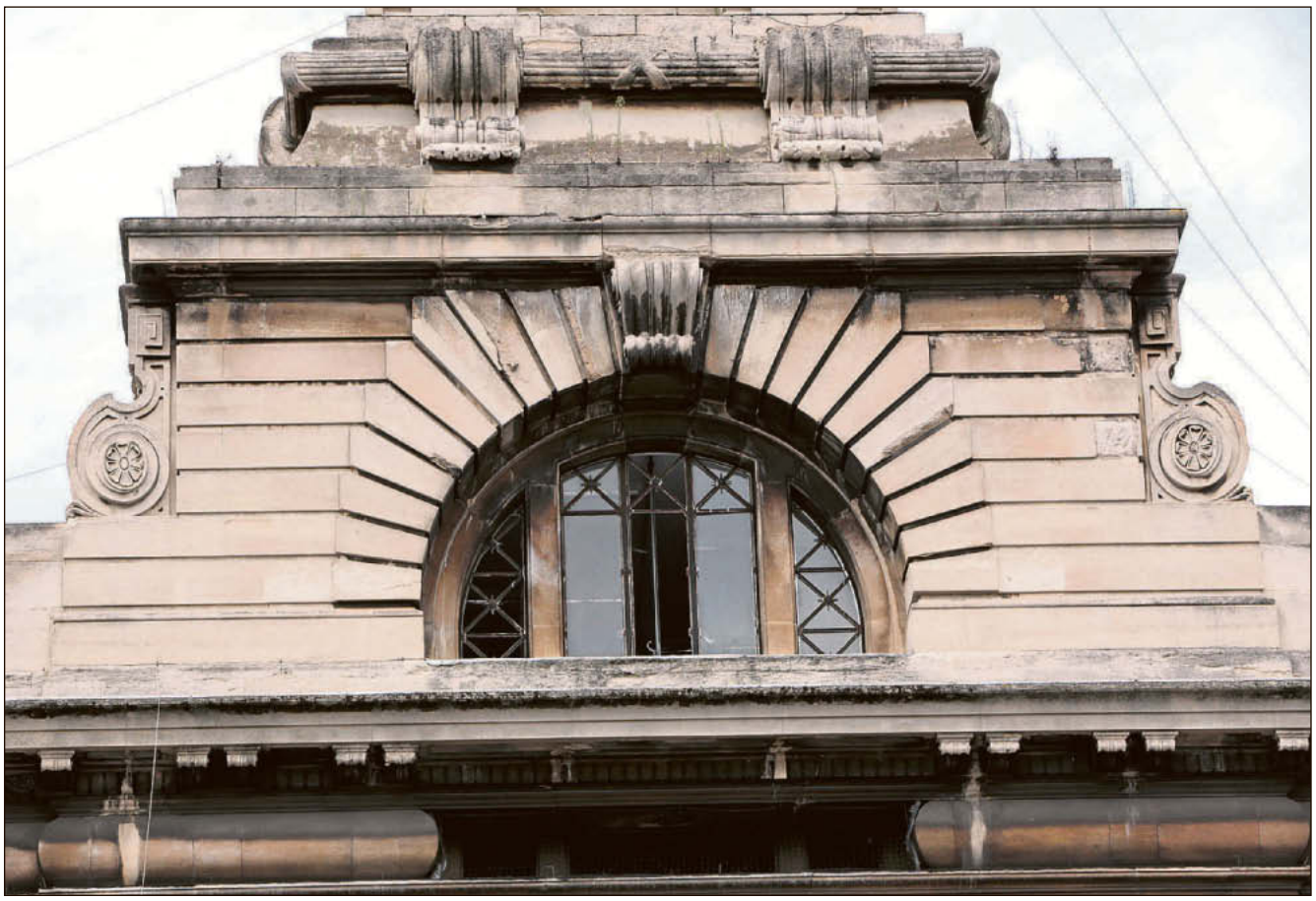
Council enquiries – 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice – 7364 3558
Homeless service – 7364 7474
Choice-based lettings – 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you wish to speak to, call the switchboard on 7364 5000.



Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers:
Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available 0800 279 5434 (office hours)

24-hour domestic violence national helpline
0808 2000 247

Haven Whitechapel (sexual assault referral centre)
7247 4787

Karma Nirvana (Honour Network Helpline)
0800 5999 247

Broken Rainbow (LGBT domestic violence)
0845 260 4460

Black Women's Health & Family Support
8980 3503

Rights of Women (legal advice)
7251 6577

Victim Support Line
0845 30 30 900

Victim Support Tower Hamlets
8555 8254

NSPCC Child Protection Helpline
0800 800 5000

Childline
0800 1111

Shelterline
0808 800 4444

Respect (for perpetrators)
0845 122 8609

Reunite (advice about child abduction)
0116 2556 234

Men's Advice Helpline
0808 8010 327

Samaritans
08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict
Free service for council tenants and leaseholders. 7702 8305

Trading standards
Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney & Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm. 7364 1290; email localhistory@towerhamlets.gov.uk

To place an advert here, call...
Terri on 7364 4682
Chris on 7364 4994
Fatima on 7364 4623

LOCAL MINI CABS
canarywharfcars.co.uk
CWC 020 7423 9999
Owner Drivers EARN £500 - £1000 per week. Day or Night Shift, Weekly Rent or Percentage Based
AIRPORT TRANSFERS FROM £40
info@canarywharfcars.co.uk
DRIVERS WANTED

Hamlets
A Mini Cooper Driving School
07956289566
Learn in STYLE... Smart & Fast Way
THIS MONTH OFFERS:
1/2 price 1st lesson Only £9.99
Lessons @£15/hr, 4 hours = £60 (once only)
Block bookings @£18/hr | PAY ONLINE | GIFT
• Tower Hamlets | Newham | Hackney | Redbridge
• Car: Mini Cooper D 2012 plate MANUAL
• We only use DSA approved instructors
• PASS PLUS registered
• Short Notice test arranged
• ADI: part 1, 2 and 3 available
www.hamletsdrivingschool.co.uk

Salem International Christian Centre
SALEM CARE LINES
Willing ears and caring hearts to share your burdens
Call the workers below, and somebody will be there for you
07943 842915: 7pm - 10pm
07481 242958: 7pm - 10pm
07984 102976: 7pm - 10pm
07534 668392: 2pm - 7pm
Your life matters, your life is important and God loves you.
Email: admin@salemeurope.org
www.salemeurope.org

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1-6 BEDROOM PROPERTIES URGENTLY REQUIRED IN ALL AREAS OF LONDON
FREE GAS SAFETY & EPC CERTIFICATE
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VETTED PROFESSIONAL TENANTS
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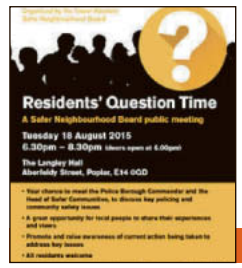
Instruction
Auto & Manual
FIRST 5 HOURS FOR £75
DSA Approved Fully Qualified Instructor
Call Instructor Direct
07823 886 170
www.speeddrivingschool.co.uk

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 3179



১৮ আগষ্ট পপলারে রেসিডেন্টস্ কোয়েশন্স টাইম ইভেন্ট

আগামী ১৮ আগষ্ট মঙ্গলবার অনুষ্ঠিতব্য রেসিডেন্টস্ কোয়েশনস্ টাইম ইভেন্টে অংশ নিয়ে অপরাধ ও আইন-শৃঙ্খলা সম্পর্কে নিজেদের উদ্বেগ উৎকণ্ঠা তুলে ধরতে বারার বাসিন্দাদের প্রতি আহ্বান জানানো হয়েছে। এই ইভেন্টে বাসিন্দারা বিভিন্ন ইস্যূ নিয়ে কাউন্সিলের কমিউনিটি সেফটি টীম ও পুলিশকে প্রশ্ন করতে পারবেন। বিস্তারিত পড়ুন নিচে -

TELL US ABOUT YOUR CRIME CONCERNS

Harmony

Qorshaha iibsiga guryaha degmada

Plan to use Right to Buy receipts – issue 1072

QORSHE lagu qaabaynayo siduu councilku u dhisi lahaa guryo dheeraad ah oo iibkooda la awoodi karo ayaa la qaatay, guryahaas oo lagu maalgelinayo lacag dhan 20.5 million.

Kulan dhacay Salaasadii, 28ka Julaayo, ayaa Duqa John Biggs iyo golihiisu waxay iskula qaateen, qorshe ujeedadiisu tahay in wax laga qabto qiimaha guryaha ee kor u kacay iyo helitaanka sugitaanka guryaha bulshada oo ay hada liiska ku jiraan 19, 650 qof.

Qorshaha waxa ku jira in £5 million lagu maalgeliyo guryo iibsigooda la awoodi karo, iyadoo dib loo habaynayo guryo hore u dhisnaa oo ay ka mid yihiin Dame Colet House, Poplar Baths, iyo afar dhisme oo yaryar.

Arintan oo natiijadeedu noqonayso inla dhiso 110 guri oo iibkooda la awaadi karo.

Waxaa la qorsheeyey barnaamij loogu talo galay iibsiga dadku iibsanayaan guryaha councilka, ee ay maamulaan Tower Hamlets Homes, sidoo kalena la dhiso 180 guri oo cusub oo iibkooda la awoodi karo.

Duqa Biggs, ayaa wuxu yidhi: "In la helo miisaaniyadii lagu dabooli lahaa gurayaha bulshada ee loo baahan yahay waa higsigayaga, waana mudnaantayada dhabta ah council ahaan – waxana jirta baahi weyn oo loo qabo in guryo dheeraad ah laga dhiso Tower Hmlets."

Qiimaha guryaha oo kor u kacay ayaa sababtay in dad si caadiya u deganaa degmada ay ka guuraan. Saamaynta miisaaniyada dawlada ee ku saabsan kirada guryaha bulshada ayaa waxay xaalad cidhiidhi ah gelinaysaa councilka iyo hayadaha kale ee guryaha bixiya, waxay sidoo kale arintani sii adkaynaysaa in la daboolo baahida guryo kiradooda la awoodi karo.

"Waxqabadkani wuxu ku socdaa jiho sax ah, wuxuna ka turjumayaa rabitaankayaga ah in dadku helaan guryo ay iibsan karaan, wuxu kaloo waxqabadkani xusayaa muhiimada ah inaanu maalgelino guryo."

Saraakiisha councilku waxay ku hawlan yihiin qorshayaal faahfaahinta istiraatijiyadooda la soo bandhigayo bisha Setembar oo ku saabsab sida dhaqaalahan loo isticmaalayo.

Deeq lagu wadaagayo kiisas wanaagsan

£9.6m in grants shared between good causes – issue 1072

IN kabadan 100 urur oo ururada madaxa banaan ahi waxay councilka la wadaagayaan lacag dhan £9.6 million.

Hayadaha dawladu u magacowday inay maamulaan deeqaha councilku u qoondeeyey ayaa waxay kulan dadweyne ku qabteen xarunta dawlada hoose Arbacadii 29ka Julaayo.

Kulankaasi wuxu ahaa kulankii ugu dambeeyey hawl isdabajoog ah oo socaotay 5 bilood, wuxuna ahaa wadatashi ballaadhan oo ay kasoo qayb galeen ururada madaxa banaani.

Ururada degmada ka shaqeeya Waxaa loogu casumay inay dalbadaan deeq, caawiyaana in councilku gaadho ujeedooyinka istiraatijiyadiisa ee ku saabsan qorshaha bulshada, si uu u yareeyo cadaalad darrada degmada.

Araajida la dhiibtay waxa ahaayeen 368, codsadayaasha ku guuleystey waxa ka mid ahaa; adeegyada iskaa wax u qabsada ee councilka, kuwaasoo caawiya, hubiyana in ururada kale ee madaxa banaani si wacan ay tababar u qaataan.

Ururka Half Moon Young People's Theatre, waxay helayaan £20,000 to si ay dhalinayarada xirfado ugu baraan, Mind in Tower Hamlets waxay helayaan lacag ku dhow £70,000 si ay u hogaamiyaan mashruuc, ujeedadiisu tahay in lagu caawiyo in dadka maskaxda ka xanuunsanaya loogu helo shaqo.

City Gateway waxay helayaan £16,000 si u hogaamiyaan mashruuc awood u siinaya haweenka inay hogaamiyaan, afhayeena u noqdaan bulshooyinkooda.

Sir Ken Knight, oo ah hogaamiyaha hayada maamulka deeqdan ayaa wuxu yidhi: "Dhaqaalahani wuxu aasaasi u bilow ah u noqonayaa maalgelinta ururada madaxa banaan ee degmada sanado badan.

"Deeqahani waxay ururadan u suurtagelinaysaa inay sii wadaan shaqadooda saddexda sano ee soo socda.

"Aasaaska cusub ee aanu soo bandhignay waqtigan waxa weeye in araajidu si nidaam ah u maraan hab, si loo hubiyo in dadka degan Tower Hamlets uu dhaqaalahani ugu noqdo mid waxtar u leh."

'জেন' সদস্য ব্যবসা প্রতিষ্ঠানগুলোর জন্য বিশেষ ডিসকাউন্ট স্কীম ঘোষনা

Get great discounts when joining ZEN – page 14

জিরো এমিশোনস্ নেটওয়ার্কের (জেডইএন) এর অন্তর্ভূক্ত ব্যবসা প্রতিষ্ঠানগুলো এখন থেকে অন্যান্য অংশগ্রহণকারী সদস্যদের কাছ থেকে লক্ষ্যনীয় ডিসকাউন্ট লাভ করবে।

রাজধানী সংলগ্ন এলাকাগুলোতে অবস্থিত বিভিন্ন আউটলেট থেকে ডিসকাউন্ট লাভের জন্য নতুন মেম্বারশীপ কার্ড চালু করা হয়েছে। মেম্বারশিপ কার্ডহোল্ডাররা ফিকা রেস্টুরেন্ট, স্ট্রংরুম বার এন্ড গ্রিল, এবং মাইপিক্সা রেস্টুরেন্ট এন্ড টেকওয়ে থেকে ডিসকাউন্ট পাবেন। এই স্কীমের অংশ হিসেবে ব্ল্যাক বক্স কফি, সামার উইথ মনিকা, লুক মাম নো হ্যান্ডস্, প্রাউড আর্কিভিস্ট ও ক্যানভাস ক্যাফেও বিভিন্ন পরিমাণ ডিসকাউন্ট দিবে।

এছাড়া ট্যানট্রিক জিম এবং বাইকওয়ার্কস্ বাইসাইকেল রিপেয়ার শপও ভালো ডিল দিবে। রেডিও হক্সটনও প্রায় ২৫ শতাংশ ছাড় দেবে তাদের বিজ্ঞাপনে। প্রায় ৬২০ টি ব্যবসা প্রতিষ্ঠান এরি মধ্যে জেন এর মেম্বার হয়েছে এবং তারা বিভিন্ন ধরনের এক্সক্লুসিভ ক্যাশ-সেভিং ডিল লাভ করছেন।

রাজধানী-সংলগ্ন এলাকা যেমন টাওয়ার হ্যামলেটস্, হেকনি ও ইজলিংটনের দূষণের মাত্রা কমিয়ে এনে বাতাসের মান বাড়াতে ব্যবসা প্রতিষ্ঠানগুলোকে সাহায্য করতে জেন গঠন করা হয়েছে। ব্যবসাগুলো যাতে অর্থ সাশ্রয়ের পাশাপাশি দূষণ কমিয়ে আনে এবং তাদের স্টাফদের স্বাস্থ্য সুরক্ষায় ভূমিকা রাখতে পারে, সেজন্য তাদের নানাভাবে সাহায্য করা হবে।

জেন সদস্য ব্যবসা প্রতিষ্ঠানগুলোকে তাদের হিটিং, লাইটিং, ইনস্যুলেশন, পানির ব্যবহার ও আবর্জনা ব্যবস্থাপনা প্রক্রিয়ার ওপর ইকো-অডিট করার পাশাপাশি জ্বালানি সাশ্রয়ী পরামর্শ বিনামূল্যে দিয়ে থাকে।

কেবিনেট মেম্বার ফর এনভায়রনমেন্ট, কাউন্সিল আয়াছ মিয়া বলেন, অধিক সংখ্যক বিজনেসকে নেটওয়ার্কের আওতায় আনতে ডিসকাউন্ট স্কীম জেন এর আরেকটি চমৎকার উদ্যোগ। তারা সিটি ফ্রিঞ্জ ব্যবসাপ্রতিষ্ঠানগুলোকে অর্থ সাশ্রয়ী নানা বাস্তবমুখি পরামর্শ দিচ্ছে এবং যারা এই নেটওয়ার্কের অন্তর্ভূক্ত হয়েছে, তারা দূষণ মুক্ত পরিবেশ নিশ্চিত করতে তাদের অঙ্গিকারই তুলে ধরছে।

সম্প্রতি ন্যাশনাল কর্পোরেট সোশ্যাল রেসপনসিবিলিটি (সিএসআর) এওয়ার্ড অনুষ্ঠানে কমিউনিটি ইনোভেশন ক্যাটাগরীতে স্পেশাল জাজেস্ এওয়ার্ড লাভ করেছে জেন। টাওয়ার হ্যামলেটস্ কাউন্সিলের এনভায়রনমেন্টাল হেলথ টিম জেন প্রজেক্টটি পরিচালনা করছে।

শেডওয়েলের বাসিন্দা ৭৯ বছর বয়সী লতিফ খোয়াজা অনেক বছর আগে যখন কোমরে আঘাত পান, তখন সিদ্ধান্ত নেন যে, এক্টিভ বা সক্রিয় থাকবেন। যখন তাঁর স্ট্রোক হলো তখন তিনি সিদ্ধান্ত নেন, এমন কিছু করবেন, যা তাঁর জীবনকে আরো দীর্ঘায়িত করবে। তিনি শুরু করেন গার্ডেনিং। তাঁর ছোট্ট প্যাটিও গার্ডেনে তিনি দুর্লভ কিছু ফুলের সমাহার গড়ে তোলেন, যা চারপাশকে বর্ণিল করে তুলেছে। হিবিসকাস, মেরিগোল্ডস্, ফুসচিয়া, লিলিস, প্যাসন ফ্লাওয়ার ইত্যাদি নানা জাতের নানা রংয়ের ফুলের সমৃদ্ধ বাগান গড়ে তুলেছেন তিনি। প্রতিদিন তিনি গড়ে ৬ ঘন্টা বাগান পরিচর্যায় ব্যস্ত থাকেন। দূর্লভ জাতের ফুলের চারা আনতে তিনি ছুটে যান দূর দূরান্তে। তাঁর এই অসাধারণ গার্ডেনিং স্কিল ও অনুরাগের জন্য গত বছর তিনি লাইফ টাইম এচিভমেন্ট এওয়ার্ড লাভ করেছিলেন।

১৮ আগষ্ট পপলারে রেসিডেন্টস্ কোয়েশন্স টাইম ইভেন্ট

Tell us about your crime concerns – issue 1072

আগামী ১৮ আগষ্ট মঙ্গলবার অনুষ্ঠিতব্য রেসিডেন্টস্ কোয়েশনস্ টাইম ইভেন্টে অংশ নিয়ে অপরাধ ও আইন-শৃঙ্খলা সম্পর্কে নিজেদের উদ্বেগ উৎকণ্ঠা তুলে ধরতে বারার বাসিন্দাদের প্রতি আহ্বান জানানো হয়েছে।

টাওয়ার হ্যামলেটস্ সেফার নেইবারহুড বোর্ড এর উদ্যোগে দ্বিতীয়বারের মতো আয়োজিত এই ইভেন্টে বাসিন্দারা বিভিন্ন ইস্যূ নিয়ে কাউন্সিলের কমিউনিটি সেফটি টীম ও পুলিশকে প্রশ্ন করতে পারবেন।

১৮ আগষ্ট মঙ্গলবার সন্ধ্যা ৬.৩০টা থেকে ৮ টা পর্যন্ত পপলারের এবারফেল্ডি স্ট্রিটের ল্যাংলি হলে অনুষ্ঠিতব্য এই রেসিডেন্টস্ কোয়েশন্স টাইম ইভেন্টে ডেপুটি মেয়র এবং কেবিনেট মেম্বার ফর কমিউনিটি সেফটি কাউন্সিলর শিরিয়া খাতুন, মেট্রোপলিটান পুলিশের বারা কমান্ডার চীফ সুপারেন্টেন্ডেন্ট এন্ডি ইউয়িং এবং কাউন্সিলের হেড অব কমিউনিটি সেফটি এন্ডি ব্যাম্বার জনসাধারণের বিভিন্ন প্রশ্নের উত্তর দিবেন।

ক্রাইম এবং পুলিশিংয়ের ব্যাপারে বারাগুলোকে অধিকতর খোলামেলা হতে মেয়র অব লন্ডন এর পরিকল্পনার অংশ হিসেবে গত বছরের আগষ্ট মাসে এই বোর্ড গঠন করা হয়।

লন্ডন মেয়রের অফিস ফর পুলিশিং এন্ড ক্রাইম (এমওপিএসি) এই সভাকে সহযোগিতা করছে এবং এতে স্থানীয় পুলিশও ওয়ার্ড প্যানেল, নেইবারহুড ওয়াচ, ইন্ডিপেন্ডেন্ট এডভাইজারী গ্রুপ অংশ নেবে।

মেয়র, জন বিগস্ বলেন, গত জুন মাসে আইল অব ডগস্ এ অনুষ্ঠিত হয়েছিলো প্রথম সেফার নেইবারহুড বোর্ড মিটিং, যেখানে কাউন্সিল এবং পুলিশ গুরুত্বপূর্ণ তথ্যাদি জনগণের সাথে বিনিময় করেন। পপলারের সকল জনগণকে ১১ আগষ্টের ইভেন্টে যোগ দেয়ার জন্য এবং নিজেদের এলাকার গুরুত্বপূর্ণ ইস্যূগুলো তুলে ধরার জন্য ও বারাকে অধিকতর নিরাপদ করতে আমাদের পরিকল্পনা অবহিত হওয়ার জন্য অনুরোধ করছি।

ডেপুটি মেয়র এবং কেবিনেট মেম্বার ফর কমিউনিটি সেফটি, কাউন্সিলর শিরিয়া খাতুন বলেন, বাসিন্দারা অপরাধ ও আইন-শৃঙ্খলা পরিস্থিতি নিয়ে তাদের উদ্বেগ তুলে ধরতে পারবেন এবং কিভাবে কাউন্সিল ও পুলিশ সে ব্যাপারে সাড়া দিবেন, তা অবহিত হওয়ার সুযোগ পাবেন। বারায় অপরাধ এবং অসামাজিক কার্যকলাপ প্রতিরোধে কী ধরনের উদ্যোগ নেয়া হচ্ছে, তা-ও তারা সরাসরি জানতে পারবেন।

এ লেভেলে ভালো ফলাফল করেছে বারার শিক্ষার্থীরা

দুই বছরের কঠোর পরিশ্রমের পর টাওয়ার হ্যামলেটস্ বারার শিক্ষার্থীরা বৃহস্পতিবার (১৩ আগষ্ট) তাদের অনবদ্য এ লেভেল রেজাল্ট হাতে পেয়ে বাঁধ ভাঙ্গা উচ্ছাসে ফেটে পড়েন। মালবারী গার্লস্ স্কুলের হেড টিচার ভেনেসা ওগডেন ইঙ্গিত দিয়েছেন যে, তাঁর স্কুলের ৭৫ শতাংশ শিক্ষার্থীই এবার এ স্টার থেকে সি গ্রেড লাভ করবে। বিস্তারিত পড়ুন নিচে -

A LEVEL RESULTS CELEBRATED IN TOWER HAMLETS

ঐকতান

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Kawsara Chowdhury and Rothna Akhtar with their results

Deputy Mayor Cllr Sirajul Islam and Mulberry head teacher Dr Vanessa Ogden talks to students

এ লেভেলে ভালো ফলাফল করেছে টাওয়ার হ্যামলেটসের শিক্ষার্থীরা

Students across Tower Hamlets receive A Level results – page 1 & 9

দুই বছরের কঠোর পরিশ্রমের পর টাওয়ার হ্যামলেটস্ বারার শিক্ষার্থীরা বৃহস্পতিবার (১৩ আগষ্ট) তাদের অনবদ্য এ লেভেল রেজাল্ট হাতে পেয়ে বাঁধ ভাঙ্গা উচ্ছাসে ফেটে পড়েন।

মালবারী গার্লস্ স্কুলের রেজাল্ট খুবই ভালো হয়েছে এবার। হেড টিচার ভেনেসা ওগডেন ইঙ্গিত দিয়েছেন যে, তাঁর স্কুলের ৭৫ শতাংশ শিক্ষার্থীই এবার এ স্টার থেকে সি গ্রেড লাভ করবে। এই স্কুলের ৮০ শতাংশ শিক্ষার্থীই অক্সফোর্ড কিংবা রাসেল গ্রুপ ইউনিভার্সিটিগুলো থেকে অফার পেয়েছে।

কাউন্সিলের ডেপুটি মেয়র, কাউন্সিলর সিরাজুল ইসলাম মালবারি স্কুলে গিয়ে উৎফুল্ল শিক্ষার্থীদের আনন্দ-উচ্ছাসে সামিল হোন।

এসময় তিনি যে সকল শিক্ষার্থী ভালো ফলাফল অর্জন করেছে, তাদেরকে অভিনন্দন জানান এবং তাদের এই অর্জনের পেছনে যেসকল শিক্ষকের ভূমিকা অনস্বিকার্য, তাদেরকে ধন্যবাদ জানান। তিনি বলেন, গোটা টাওয়ার হ্যামলেটসে এ লেভেল শিক্ষার্থীদের আজকের এই সাফল্যের পেছনে আমাদের শিক্ষকদের পাশাপাশি অভিভাবকদের অবদান অনেক। ছাত্র ছাত্রীরা যাতে তাদের স্বপ্নের সাফল্য অর্জন করতে পারে সেজন শিক্ষকরা নিবেদিতভাবে তাদের অনুপ্রাণিত করে গেছেন। ম্যাথস্ ও ফিজিক্সে এ স্টার, ফারদার ম্যাথসে এ লাভকারী কৃতি শিক্ষার্থী কাওসারা চৌধুরী গণিতশাস্ত্র নিয়ে বিখ্যাত কিংস্ কলেজে পড়ার সুযোগ পেয়েছেন। তিনি বলেন, আমি এখন খুবই স্বস্তি বোধ করছি, কারণ আমি ভাবছিলাম আমার পরীক্ষা বোধ হয় তেমন ভালো হয়নি। তবে আমার গ্রেড এখন জানাচ্ছে উল্টোটা। স্কুলও আমাকে খুব সাহায্য করেছে। বিশেষ করে আমার ম্যাথস্ টিচাররা। আমি এখানে গত ৭টি বছর ছিলাম। এখন থেকে আমি এই প্রতিষ্ঠানকে খুব মিস করবো।

আরেক জন কৃতি শিক্ষার্থী হচ্ছেন তাসনিম জামান। তিনি এটি এ স্টার ও দু'টি বি গ্রেড লাভ করে এখন জিওগ্রাফি নিয়ে ইউনিভার্সিটি কলেজ লন্ডন এ উচ্চ শিক্ষা গ্রহণ করবেন। তাঁর উচ্চসিত প্রতিক্রিয়া হচ্ছে এমন - "আমি খুব খুব খুশি। আমি আমার স্কুলকে ধন্যবাদ দিতে চাই। আমার সকল শিক্ষক খুবই সহযোগিতা করেছেন। তারা যে কোন সময় সাড়া দিয়েছেন, বলা যায় সপ্তাহের ৭ দিন, চব্বিশ ঘন্টার যেকোন সময় তাদের হেল্প পেয়েছি। যখন তারা হলিডেতে ছিলেন, তখনও ইমেইলের জবাব দিয়ে সাহায্য করেছেন। স্কুলের এমন সহযোগিতা না পেলে আমি এই সাফল্য অর্জন করতে পারতাম না।

মালবারি স্কুল ফর গার্লস্ এর হেড টিচার, ডক্টর ভেনেসা ওগডেন বলেন, আমাদের ছাত্রীরা এমন ভালো ফলাফল অর্জন করায় আমরা খুবই আনন্দিত। অনেক মেয়েই এখানে ইয়ার সেভেন এ ভর্তি হয়েছিলো, যাদের এচিভমেন্ট প্রোফাইল ছিলো সাধারণ গড়পরতা। অসাধারণ শিক্ষণ এবং স্কুলের মধ্যে চমৎকার পরিচর্যা, আত্মবিশ্বাসী হিসেবে গড়ে ওঠতে সামগ্রিক পরিবেশ তৈরী এবং বিভিন্ন ক্ষেত্রে সফল মহিলাদের উদাহরণ হিসেবে উপস্থাপন মেয়েদের মধ্যে সাফল্য অর্জনের মতো আস্থা ও বিশ্বাস গড়ে তোলা হয়েছে বলেই এমন সাফল্য তারা ছিনিয়ে আনতে সক্ষম হয়েছে।

টাওয়ার হ্যামলেটসের মেয়র, জন বিগস কৃতি শিক্ষার্থীদের অভিনন্দন জানিয়ে বলেন, আমি তাদের এই সাফল্যে অভিভূত। আজ তাদের জীবনের পথ চলা শুরু হলো। তারা হয়তো কেউ কেউ কর্ম জীবনে ঢোকে পড়বে, কেউবা উচ্চতর শিক্ষার জন্য ইউনিভার্সিটিতে যাবে। যেটাই তারা করুক না কেন, এ লেভেল রেজাল্ট তাদের উজ্জল ভবিষ্যতের জন্য একটি শক্তিশালী ভিত্তি হয়েই থাকবে।

দায়িত্বশীল গ্যাম্বলিংকে সমর্থন করে কাউন্সিল

Council supports responsible gambling – page 7

গ্যাম্বলিং বা জুয়া ব্যবসাকে অধিকতর দায়িত্বশীল করতে প্রয়োজনীয় সহযোগিতা করার ব্যাপারে টাওয়ার হ্যামলেটস্ কাউন্সিল তার অঙ্গিকার ঘোষনা করেছে।

একক কোন বেট এ সর্বোচ্চ পরিমান অর্থের বেশি বাজি ধরতে না পারার বিধান কার্যকর করার যে দাবি লকাল গভর্নমেন্ট এসোসিয়েশন (এলজিএ) থেকে করা হয়েছে, তার প্রতি সমর্থন জানিয়েছে টাওয়ার হ্যামলেটস্ কাউন্সিল।

২০১২ এর সাসটেইনবল কমিউনিটিজ এ্যাক্টে ফিক্সড অডস্ বেটিং টার্মিনালে বাজি ধরার ক্ষেত্রে সর্বোচ্চ পরিমাণ নির্ধারণের বিধান করতে এলজিএ আবেদন করেছে।

টাওয়ার হ্যামলেটসের প্রতিবেশী নিউহ্যাম কাউন্সিল সরকারের কাছে একটি প্রস্তাবণা পাঠিয়েছে, যেখানে এক স্পিনে ৫০ পাউন্ড, যা মিনিটে সর্বোচ্চ ১৫০ পাউন্ড নির্ধারন করার প্রস্তাব দিয়েছে। তবে এলজিএ মনে করে প্রতি ২০ সেকেন্ডে ৫০ পাউন্ড জুয়া খেলা মাত্রাতিরিক্ত এবং একজন কাষ্টমার এই পরিমাণ অর্থ বাজি ধরা অগ্রহণযোগ্য।

রেসপনসিবল গ্যাম্বিলিং ট্রাস্ট এর উদ্যোগে সম্প্রতি পরিচালিত জরিপে দেখা গেছে যে, বাজিতে অর্থ খরচের হার বেশি পরিমাণে কমিয়ে ফেললে গ্যাম্বলিং সমস্যার হার বাড়ে। যারা গড়ে ১৩.৪০ পাউন্ড কিংবা তার বেশি অর্থ বেট ধরে, তাদের ৮০ শতাংশ সমস্যাযুক্ত জুয়াড়ি হিসেবে চিহ্নিত করা হয়েছে এই জরিপে।

টাওয়ার হ্যামলেটসের মেয়র, জন বিগস্ বলেন, ফিক্সড অডস্ বেটিং টার্মিনালগুলো যে সমস্যার কারণ হচ্ছে, তা মোকাবেলা করতে সাসটেনেইবল কমিউনিটিজ এ্যাক্ট তৈরীর লক্ষ্যে যে সাবমিশন, তা সাপোর্ট করছে টাওয়ার হ্যামলেটস্ কাউন্সিল। এই মেশিনের ব্যবহার এতটাই সহজলভ্য যে, বারার কিছু কিছু এলাকায় বেটিং শপগুলো চুটিয়ে ব্যবসা করছে।

তিনি বলেন, এসব মেশিনগুলো অধিকতর নিয়ন্ত্রণ করার জন্য আমরা সরকারের প্রতি অনুরোধ জানাচ্ছি এবং লকাল গভর্নমেন্ট এসোসিয়েশন এর পক্ষ থেকে সরকারের কাছে যে আবেদন জানাচ্ছে, তাকে আমরা সমর্থন করছি। জনগণকে মিনিটে ১৫০ পাউন্ড খরচ করতে দেয়াটা খুবই ক্ষতিকারক, যা তাদের জীবনকে বিষিয়ে তুলে, এই ক্ষতির প্রভাব কমিউনিটিতেও পড়ে মারাত্মকভাবে।

Thrills and spills for capital's

Above: Formula 1 legend John Surtees gets events underway and competitors begin building their vehicles

Left: William, 7, and Aurora, 6, enlist some help in their race to the finishing line

Right: Taylor, 13, steers his kart into a commanding position

Teams of budding racing drivers, automotive engineers and builders competed against one another to build go-karts and race them at Mudchute Farm on the Isle of Dogs. **Jessica Odubayo** reports. Photos by **Carmen Valino**.

MUDCHUTE Farm went go-kart mad for a build and race event hosted by London Play, a group that encourages kids to enjoy the outdoors.

And racers got real inspiration from motor racing legend John Surtees, winner of the 1964 Formula 1 world championship, who was on hand to give advice and ideas to 14 teams of youngsters from across the capital.

Geese, ponies and llamas looked on as the sounds of hammering, sawing and drilling filled the air.

Competitors displayed their skills in aerodynamic design, precision engineering and automotive aesthetics at the event on Friday, August 7.

And when the whistle blew to mark the end of construction, all 14 karts were deemed fit to race.

Jobe, 15, said: "I want to go home with something – whether it's ugliest kart or the slowest one, I don't mind."

Jessie, 15, talked tactics. "We're going to have the strongest people running and the lightest people in the kart," she said.

After the heats and a nail-biting final, Mudchute's own Muddy Wheels team emerged as winners. The triumphant youngsters collected a trophy and will enjoy a trip to the racing circuit where Formula 1 stars Lewis Hamilton and Jenson Button out.

kids in Mudchute grand prix

"Many children taking part have few chances to even travel beyond their immediate postcode."

Melian Mansfield

Mr Surtees said it was great to see children, who in some cases were working with tools for the first time, having such fun.

Nine-year-old Josh, who was driver for the winning team, said: "There was really an atmosphere in the race. When I am older I want to take part in Formula 1 races."

Corporate volunteers from businesses in Canary Wharf helped the day run smoothly.

London Play chair Melian Mansfield said: "This is the third time that London Play has organised this event and it was the best yet.

"Many of the children taking part have few chances to even travel beyond their immediate postcode, so it is great to see them here, pushing their limits, relishing a challenge and having a great time in the process.

"We are very grateful to the Henry Surtees Foundation and all our corporate volunteers for making this day possible."

On Saturday, September 5, London Play will host its inaugural Girl Kart Grand Prix at Mudchute Farm.

Email **info@londonplay.org.uk** for more details or to take part in the girls-only event.

The winners and John Surtees on the podium for the trophy presentation

Get back to nature

Bow Creek Ecology Park is a former ironworks, shipyard and coal wharf and is now a wildlife haven.

WWW.VISITLEEVALLEY.ORG.UK

Take a look behind the curtain

Wilton's one-hour tours provide a glimpse into the life of the last surviving building of its kind. The tours are perfect for anyone who would like to learn more about this historic music hall.

SEE BELOW

Out & about guide

What's on where this week

Dance

Argentinian tango E14
Class. Sat 1-5pm. £5. St John's Community Hall, 37 Glengall Grove, E14.
7538 3852

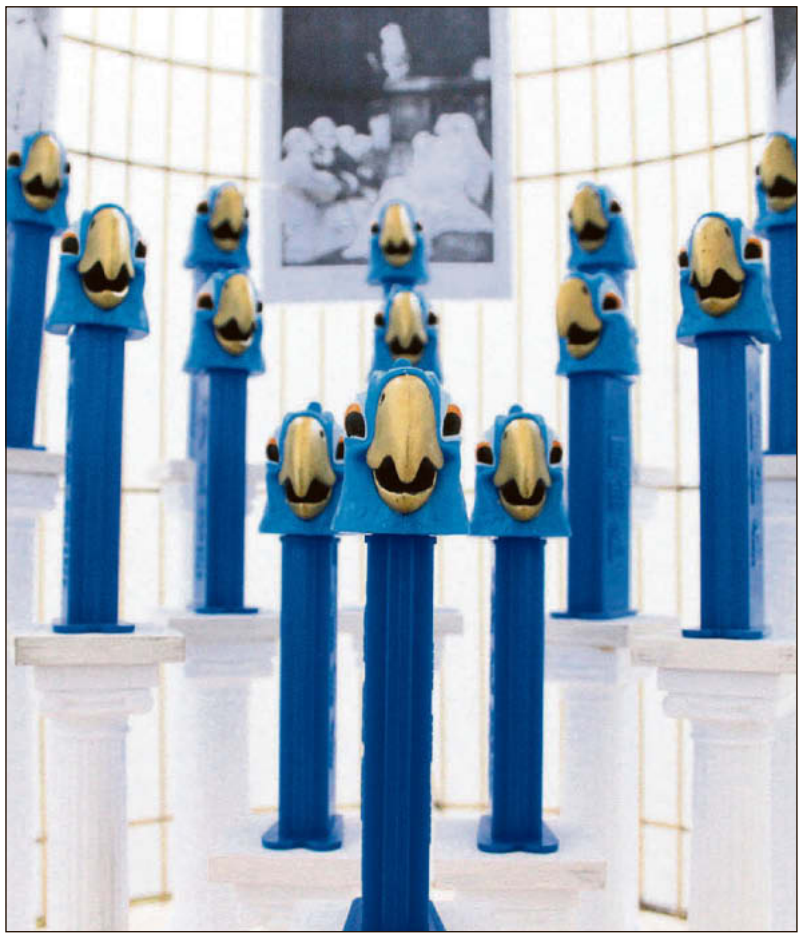
Brazilian dance aerobic classes
Weds 9-10am & Thurs, 1-2pm. Free.
Alpha Grove Centre, Isle of Dogs, E14
7538 1714

Energize4Girlz
South African gumboot dancing.
Every other Saturday from 11am-12:30pm.
St Pauls Shadwell Church, 302 The Highway, E1.
energize4girlzdance@gmail.com

Green Candle Senior Dance
Over-60s, no experience is necessary.
Tues, 10.30am-12.30pm, one free taster session.
Oxford House, Derbyshire Street, E2.
7739 7722

Salsa
For dancers of all experience, beginners welcome, followed by dancing until midnight. Prices vary. Free first class for ladies.
Every Weds, 7.30-9.30pm.
The Urban Bar, 176 Whitechapel Road, E1.
07932 658861

Swing Dance
All ability levels welcome.
Every Fri, 7-9pm.
£7 per person or £10 for a lead/follow couple.
The Hall, St Margaret's House, 21 Old Ford Road, E2.
8980 2092



The Gift of the Gab by Xavier Solé Mora

Interfaces
From interactive portraits to virtual reality technology, atmospheric realities to data visualisations this exhibition allows visitors to explore the world that emerges when art and technology collide. Interfaces is the first annual showcase of art from Fish Island Labs, set up in collaboration with The Trampery to kickstart the careers of emerging talent. Over the past 12 months, 20 artists have developed cutting-edge work, covering everything from sculpture, installations and physical performance to coding, film editing and digital art – and now they're taking over the Barbican Foyers.
Fri, Aug 21-Sun, Aug 23. Open Fri, 6pm-9pm; Sat, 12noon-9pm; Sun, 12noon-5pm.
Barbican Centre, Silk St, EC2Y.
www.barbican.org.uk

Comedy

Chicken Palace
Violence, fear and barbecue sauce collide in Chicken Palace, a new deep fried comedy from Lynette Linton.
Weds, Aug 19 to Sat, Aug 22. 7pm. £12.
Gerry Raffles Square, Stratford, E15
www.stratfordeast.com

City Impro's Improvarama
Hard-gigging City Impro presents a selection of acts from the improv circuit.
Thurs, Aug 20. 7.30pm. Free.
The Miller's House,
Three Mill Lane, E3.
www.wegottickets.com/CityImpro

Exhibitions

Nicholas Mangan: Ancient Lights
Films by Australian artist about the role of the sun within human society.
Until Sun, Aug 23. Weds-Sun, 12noon-6pm. Free.
Chisenhale Gallery, 64 Chisenhale Road, E3.
www.chisenhale.org.uk

Thomas Eggerer: Ozone
New York-based German artist Eggerer portrays anonymous figures in various activities often involving cans of beer and cigarettes.
Until Sun, Aug 23. Wed-Sun 11am-6pm.
Maureen Paley, 21 Herald St,
Bethnal Green, E2.
www.maureenpaley.com

Things to do

Contemporary Art Boot Camp 2015
Work with five artists in five days and experiment with a range of artistic techniques in a creative studio.
Mon, Aug 17-Fri, Aug 21, 10am-4pm.
Free. Ages 15-21 only. Booking essential.
Whitechapel Gallery, 77-82 Whitechapel High Street, E1.
www.whitechapelgallery.org

Summer games at the V&A Museum of Childhood
Get moving with family activities. Games include running, hopping, skipping and jumping.
Until Thurs, Aug 27.
Daily, 11am to 4pm. Free.
V&A Museum of Childhood,
Cambridge Heath Rd, E2.
www.vam.ac.uk

Teethtastic
All you need to know about teeth.
Thurs, Aug 20. 2pm. £7 adult, £5 children.
Centre of the Cell, Newark St, E1.
www.centreofthecell.org

River detectives
Children can help waterways charity Thames21 listen to the river using underwater microphones, test the quality of the water and learn about what creatures live above and below.
Thurs, Aug 27. Various times. Free.
Bow Creek Ecology Park,
Bidder St, E16.
www.queenelizabetholympicpark.co.uk

Walks

History tours
Tours by Wilton's historian provide a glimpse into the life of the last surviving building of its kind.
Mon, Aug 24. 6pm. £6.
Wilton's Music Hall, Graces Alley, E1.
www.wiltons.org.uk

The Farm is FREE to all visitors and everyone is welcome

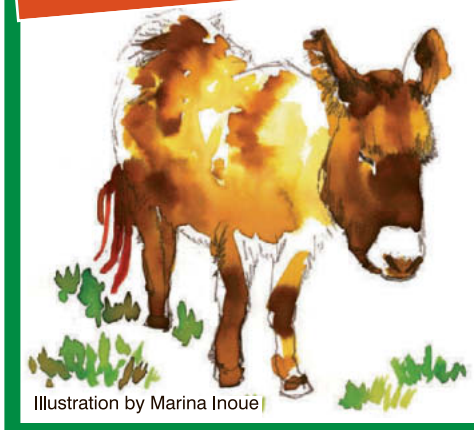


Illustration by Marina Inoue

Stepney City Farm is a working farm, rural arts centre and community meeting place. We give children and adults a chance to meet farm animals, learn how to grow food and try out arts and crafts.

Our award winning café serves delicious homemade food, you can buy eggs, fresh produce and preserves in the farm shop and there is a weekly Saturday farmers' market. We also host special evening and weekend events with guest chefs.

Opening Times
Farm: Tuesday–Sunday 10am-4pm
Farmers' market: Saturday 10am-3pm
Cafe: Wednesday–Friday 9.30am-2.30pm | Saturday–Sunday 10am-4pm

Stepney City Farm
Registered charity number: 1136448.

To book school trips or enquire about group visits please email youth@stepneycityfarm.org

020 7790 8204 | www.stepneycityfarm.org | @stepneycityfarm | facebook.com/stepneycityfarm

Playful theatre in unusual place

In 1989, Peter Glanville founded Kazzum to create professional theatre for children and young people that bridged the gap between entertainment and education.

WWW.KAZZUM.ORG

Gallery with a past

Nunnery Gallery is in a unique building on the ground floor of a former convent surrounded by Bow Arts studios.

WWW.BOWARTS.ORG/NUNNERY

French artist's sister act

THE Nunnery Gallery in Bow presents Correspondances, an exhibition of work by east London-based French artist Pierrick Mouton that draws from his relationship with French-Cameroonian Protestant nun, Sister Germaine.

The exhibition, which runs until Sunday, September 27, features emails, letters, photographs, video diaries and films, between the artist and Sister Germaine that spans five years.

What began as a project to document the daily life in a convent in Versailles, soon changed as Mouton's relationship with Sister Germaine developed and he became interested in documenting and understanding more of her life.

In turn Germaine's intrigue with the project and the camera grew as she became fascinated with how to record her own daily life.

Artist Pierrick Mouton spent time in a convent in Versailles

Underpinning the whole project is the intimacy of dialogue and correspondence between two humans getting to know one another. Correspondances forms part of Bow Arts' 20th anniversary programme In Dialogue: a series of exhibitions concerned with the complex relationships between artist and the muse.

Mouton was commissioned in 2014 to carry out a year-long documentary residency in the community leading up to the exhibition, which will be viewed at a special screening in September.

During his residency working with religious leaders in Bow, Mouton has made three portraits of the spiritual lives of a Sikh, Church of England and Methodist minister.

The free exhbition at Nunnery Gallery, Bow Arts, 181 Bow Road, E3 is open Tuesday to Sunday, 10am-5pm.

Visit **www.bowarts.org**

Play along with grand piano project

A FUN and quirky project that allows visitors to explore their musical side is set to arrive at Canary Wharf.

Part of an internationally touring artwork devised by British artist Luke Jerram, the Play Me, I'm Yours initiative, from Monday, September 14, is a simple concept.

Fifteen pianos act as a musical canvas to inspire spontaneous creativity and will be dotted throughout open spaces, parks, malls and waterfront areas.

As the name suggests, the pianos are there to be played. The initiative has been touring since 2008 with more than 1,000 pianos installed in 40 cities spanning the globe.

Each city that commissions the work becomes part of a growing legacy, one which will be continued by Canary Wharf Group, as at the end of the project a number of the pianos will be donated to local charities and community groups.

Visitors are asked to share films, photos and stories about the pianos at **www.canarywharfpianos.com**

A FREE, family festival with a fairytale theme comes to Bethnal Green this Saturday, August 22.

The festival will transform Weavers Field Pocket Park with street performances, mystical storytelling, potion-making workshops, badly-behaved goblins, spit-roasted chicken and banqueting tables.

The festival has been created by a group of young people aged 16 to 25 from the borough, who have been training to learn the skills needed to put on a community festival.

Working with professionals at drama group Kazzum, the young people have created the festival theme, selected the acts, co-ordinated marketing and will manage the event.

Imran, 19, was one of those involved. He said: "We chose the fairytale theme as it has never been done before. We thought it would really appeal to families."

By undertaking a combination of training and work experience, the young people have found the project a fun way to improve their CVs.

Kazzum is now offering training programmes in event management and outdoor performance.

The festival runs between 11am and 4pm and everyone is welcome. To find out more visit www.kazzum.org

News in brief

Talent will out

BLOOM – a festival for local performers – will take place in the covered garden above Canary Wharf Crossrail.

The Late Bloom Festival will take place on August 22 and 23.

The hunt is on for Tower Hamlets based music, dance, spoken word and theatre performers to fill the festivals. All tickets will be free.

For information email **info@space.org.uk** or call 7515 7799.

Totally Thames

TOTALLY Thames 2015 will bring the river to life throughout September with arts, culture and events.

This year's festival will celebrate the river and the many different ways London's residents and visitors can connect with it.

As well as theatre performances, kids' choirs and a contemporary opera, the programme also includes live art along the entire 42-mile stretch.

Visit **www.totallythames.org**

Go on Safari

SAFARI Festival returns on Saturday, August 22.

A celebration of alternative and art comics from the UK and beyond, the festival is an opportunity for cartoonists and publishers to exhibit and sell their prints and comics, and for visitors to experience the best of UK comics scene.

Open 11am to 6pm, the festival is free to attend, and will take place at Studio 2, 31 New Inn Yard, Ec2A.

Visit **www.breakdownpress.com/safarifestival**

Beyond the grave

BURIED in Tower Hamlets Cemetery Park are some of the most notable and notorious East Enders ever.

On Sunday, September 13, take a guided tour and stroll through the woodland area to find out more about the lives they led.

Tickets cost £8 and must be booked in advance.

Visit **www.fothcp.org**

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Penny's picks are As Good As Meat

Vegetarian blogger Penny Wilson's kids have never eaten meat and have no desire to. "We don't much care what other people eat, so long as we are left to enjoy our food," she says.

WWW.ASGOODASMEAT.COM

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Restaurant reviews are a popular feature of East End Life. If you would like to advertise on this page...

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Eating out, eating in

Brunch and a boogie

BY GORDON BLUE

I'M taking Debbie, my fellow voluptuary and partner in cake, to try out a brunch spot off Brick Lane.

Nude Espresso on Hanbury Street is perfect for a Sunday, full of energy and creativity, from the homemade breads and cakes to the sunshiny orange juice, freshly squeezed and bursting with flavour.

The menu is exciting, offering unusual dishes from kedgeree to pulled pork.

While perusing, we order two flat whites. The company roasts beans and grinds its coffee, which is also sells wholesale over the counter.

Debbie orders a pile of smoked salmon, thickly sliced, with homemade mango chutney, flatbread and crushed avocado spiked with chilli and lime. Conversation stops as it is demolished with gusto.

My vegetarian brunch is the best yet. The dish consists of golden halloumi (fried in butter I believe, bang goes the bikini diet), hash browns (which are more like bubble 'n' squeak, punctuated with spring onions and greens), homemade baked beans and perfectly poached eggs balanced on sourdough.

Nude Espresso, enjoy a Sunday brunch and a sing-song

It is gorgeous and, due to a Spitalfields mushroom shortage, I am treated to an extra hash brown – a great trade in the circumstances.

What would be a perfect end to a perfect brunch? How about a chocolate brownie impregnated with peanut butter so rich I actually gasped on contact?

All the bread and cakes on sale are baked by Nude Espresso themselves – no mass produced fare here.

Apart from the Sunday artsy crowd, the café has a great playlist. Debbie and I had wowed the crowds with our renditions of various songs from our ill-gotten teenage years.

If you want Salt 'n' Pepa grinding away while you eat your eggs, or try seated break-dancing to Axel F with your porridge, this place is for you.

Two ate so well we skipped dinner, for just over £20 each including coffees, juice and service. We will definitely be back, with our 80s songbook in hand, whether allowed or not.

Nude Espresso Café is at 26 Hanbury Street, E1. Tel: 07712 899 335.

Experiment and enjoy fennel

ONE of the things I enjoy about cooking with summer fruit and vegetables is the chance to experiment with unexpected combinations.

I was delighted when I first discovered that strawberries tasted better with a little black pepper than they do with sugar and that watermelon is great with salt.

This recipe for baked fennel is a new discovery courtesy of friends Cui and James.

Baked fennel – serves 2

Ingredients

1 fennel bulb
100g strong cheese, like Parmesan or mature cheddar
Olive oil

Method

1. Remove the outer stalks of the fennel if they seem to be tough or discoloured.
2. Trim the base of the bulb, keep the tender fronds but snip off the twiggier bits which you can save for a garnish.
3. Slice the fennel into quarters, lengthways from root to tip.
4. Boil them in lightly salted water until they are just cooked. Drain and refresh in cold water.
5. Place them in a shallow, oven-proof dish with a small puddle of olive oil.
6. Grate the cheese and sprinkle over the quarters.
7. Bake until the cheese bubbles and then garnish with the ferny fronds.

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First steps on the property ladder

As well as the 70 affordable and social homes at Times House, London Dock will provide a further 91 social and 113 affordable rent properties, along with 212 First Time Buyer homes.

SEE BELOW

History's legacy

"It is a sad reflection on society that the housing problems faced over 100 years ago are still prevalent today."

ALEXANDER CAMPBELL, BELOW

Poplar housing estate gets listing immunity

BY JESSICA ODUBAYO

THE council has welcomed a decision to give a Poplar housing estate immunity from being listed.

Parliamentary under secretary of state for sport, tourism and heritage Tracey Crouch made the decision, granting Robin Hood Gardens a certificate of immunity from listing.

The council, which is redeveloping the estate as part of the Blackwall Reach regeneration scheme, said although a lot of people may be unhappy about plans to demolish the estate, the majority of residents support the redevelopment.

A council spokesperson said: "The scheme is already delivering benefits to the area. Existing residents have already moved into new homes on-site and a larger school is already accepting more pupils."

The council has been working with the Greater London Authority and Swan Housing Association since 2011 to deliver the regeneration.

"Since the decision to redevelop the area in 2008, community engagement by the council and its partners has never stopped: residents have been fully involved in designing and planning their new homes, including replacement homes for all existing estate tenants and home owners. The scheme has had outline planning approval since 2011," the spokesperson added.

A BLOCK of eight new one bedroom flats for vulnerable women facing homelessness has been opened in Poplar. Jim Fitzpatrick MP for Poplar and Limehouse unveiled a plaque to officially open Sarah Perry House in Flora Close. George Green's Almshouses Trust, which has been providing housing for women in Tower Hamlets since 1849, commissioned the new block.

The original site of the almshouses was on Upper North Street, which was acquired in 1841-2 by George Green, a shipbuilder with a yard in Blackwall. The block remained in use from his death in 1849 until 2011, when the new site was acquired.

In 2013, planning permission was granted to build the new properties named in honour of George Green's wife. Alexander Campbell, chair of the trust, said: "It is a sad reflection on society that the housing problems faced over 100 years ago are still prevalent today.

"I would imagine that when George Green set up his almshouses in 1849 his hope would be that 166 years later there may not have been the same need.

"We have recognised that there are still 'poor and needy' women facing homelessness and housing need and as such we commissioned the building of eight purpose built one bedroom flats.

"We are pleased to enter a partnership with Providence Row Housing Association, which is acting as our management agents dealing with day-to-day housing issues. The association has an established track record of providing quality housing and support within the borough. We thank Providence Row for all its support."

Work starts on affordable homes

CONSTRUCTION work has begun on 70 affordable homes on the site of the former News International building in Wapping.

Mayor John Biggs unveiled an engraved brass plaque at a commencement ceremony and welcomed the early delivery of the affordable homes as part of the first phase of London Dock.

Tony Pidgley CBE, chairman of developer the Berkeley Group, Stephen Howlett, chief executive of social housing landlord Peabody, and Craig Carson, managing director of developer St George City joined the mayor at the event on July 28.

"I am delighted to be celebrating the delivery of new affordable homes for Tower Hamlets here at London Dock, including much needed housing for local families," Mayor Biggs said.

Fom left: Deputy Mayor Cllr Sirajul Islam, Craig Carson of St George City, Mayor John Biggs and Peabody's Stephen Howlett at the ceremony

"This important project is a result of a successful partnership between developer St George, the council and housing association Peabody."

Mr Howlett said: "Times House will provide fantastic new affordable and social rent homes in Wapping. Peabody has over 150 years of experience in social housing in London and we are delighted to be working on this exciting development."

Mr Carson commented: "We are delighted to be delivering the first affordable homes at London Dock with Peabody. Today's commencement ceremony marks a new chapter in the history of London Dock. 'Fortress Wapping' is being transformed into a vibrant, mixed community with high quality affordable and market housing, as well as 210,000 sq ft of commercial space and six acres of beautifully landscaped public realm."

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Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	*Description*
A Wheelchair Accessible	*Purpose built to meet most recent wheelchair housing standards*
B Partially Wheelchair Accessible	*Designed to older wheelchair housing standards*
C Life time Homes	*Specifically designed to create an accessible and adaptable home*
D Easy Access	*Designed to be spacious with no steps to the property*
E Step-free	*General housing with no steps to the property*
F General Housing	*Does not meet requirements for other categories*
G Not assessed	*Property not yet had access survey*

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on **020 7364 0204 / 0206 / 0209**.

1. Internet Bidding
Just log on to www.thhs.org.uk

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Simply call 0845 270 2400

Calls cost 10p per minute plus your phone company's access charge. You can also bid on line at Tower Hamlets Homeseekers: www.thhs.gov.uk at no cost.
If you do not have internet access at home, you can use computers available at the One Stop Shops and Idea Stores, free of charge, to search for suitable homes and place bids.

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to 3 bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and
6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

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Accessible Category G
GAWTHORNE COURT, MOSTYN GROVE, E3
Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • One lift • Entryphone • Shower Room with W/C • GCH • No garden • On street parking • Pets not permitted

Eligibility : Min Client Age 55

£147.28, Weekly - Social Rent
Landlord: OLD FORD HA

Property Ref: 33154

SHELTERED
Accessible Category E
RUTH COURT, MEDWAY ROAD, E3

Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Permit parking • Pets not permitted

Eligibility : Min Client Age 60

£181.07, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 33198

OVER 50's
Accessible Category E
BENTWORTH COURT, GRANBY STREET, E2
Flat • 2 Bed 3 Person • 1st floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted • Heating & hot water included in charges

Eligibility : Min Client Age 50

£142.53, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 33145

BEDSIT SELF-CONTAINED FLAT
Accessible Category F
ROYAL MINT PLACE, E1

Flat • 0 Bed 1 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted • Heating & hot water included in charges

£112.79, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 33142

1 BEDROOM
Accessible Category F
WINGRAD HOUSE, JUBILEE STREET, E1
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted • Heating & hot water included in charges

£128.74, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 33167

1 BEDROOM
Accessible Category C
CAMELIA HOUSE, COTTON STREET, E14
Flat • 1 Bed 2 Person • 1st floor • New build • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy

£121.03, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 33151

1 BEDROOM
Accessible Category E
DAGMAR COURT, MANCHESTER ROAD, E14
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years except for those currently holding a Secure or Assured social housing tenancy

£147.25, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 33213

1 BEDROOM
Accessible Category F
EAST INDIA DOCK ROAD, E14

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • One week's advance rent required at sign up of tenancy

£127.48, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 33155

1 BEDROOM
Accessible Category F
SPEY STREET, E14

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • One week's advance rent required at sign up of tenancy

£121.91, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 33153

1 BEDROOM
Accessible Category F
TUNLEY GREEN, E14

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • One week's advance rent required at sign up of tenancy

£138.70, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 33210

1 BEDROOM
Accessible Category E
HOLMAN HOUSE, ROMAN ROAD, E2

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted

£112.10, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 33211

1 BEDROOM
Accessible Category G
LEOPOLD BUILDINGS, COLUMBIA ROAD, E2
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 6 years • Concierge • One week's advance rent required at sign up of tenancy

£155.58, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 33212

1 BEDROOM
Accessible Category F
SUMNER HOUSE, WATTS GROVE, E3

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • One week's advance rent required at sign up of tenancy

£116.35, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 33152

1 BEDROOM
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 1 Bed 2 Person • 1st floor • New build • Open plan kitchen • One lift • Entryphone • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

£128.92, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33157

1 BEDROOM
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 1 Bed 2 Person • 1st floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

£126.87, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33158

1 BEDROOM
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 1 Bed 2 Person • 2nd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • . • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy •
One week's advance rent required at sign up of tenancy

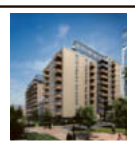
Advert represents 2 properties
£128.91, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33160

1 BEDROOM
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 1 Bed 2 Person • 3rd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

Advert represents 2 properties
£128.91, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33163



1 BEDROOM
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 1 Bed 2 Person • 4th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

Advert represents 2 properties
£128.91, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33170

1 BEDROOM
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 1 Bed 2 Person • 5th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

Advert represents 2 properties
£128.91, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33173

1 BEDROOM
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 1 Bed 2 Person • 6th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

£126.87, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33177

1 BEDROOM
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 1 Bed 2 Person • 7th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

Advert represents 2 properties
£128.91, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33179

1 BEDROOM
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 1 Bed 2 Person • 8th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

Advert represents 2 properties
£128.91, Weekly - Social Rent
Landlord: Peabody

Eligibility : Band 3

Property Ref: 33183

1 BEDROOM
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 1 Bed 2 Person • 9th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

Advert represents 3 properties
£129.57, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33186

1 BEDROOM
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 1 Bed 2 Person • 10th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

Advert represents 3 properties
£129.57, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33191

1 BEDROOM
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 1 Bed 2 Person • 6th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

£128.91, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33207

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

1 BEDROOM
Accessible Category F
ERIC STREET, E3

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets with landlords permission

Eligibility : Band 3

£119.75, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 33175

2 BEDROOMS
Accessible Category F
PITSEA STREET, E1

Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted • Heating & hot water included in charges

£156.06, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 33143

2 BEDROOMS
Accessible Category F
BARNARDO GARDENS, BARNARDO STREET, E1
Maisonette • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets not permitted

£147.54, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 33148

2 BEDROOMS
Accessible Category F
ANNE GOODMAN HOUSE, JUBILEE STREET, E1
Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted • Heating & hot water included in charges

Eligibility : Homeless Permanent

£148.20, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 33165

2 BEDROOMS
Accessible Category F
HAWKE HOUSE, ERNEST STREET, E1

Flat • 2 Bed 4 Person • 5th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted

£121.37, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 33141

2 BEDROOMS
Accessible Category F
PEABODY BUILDINGS BLOCK B, JOHN FISHER STREET, E1
Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy

£137.96, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33200

2 BEDROOMS
Accessible Category F
EXMOUTH HOUSE, CAHIR STREET, E14
Flat • 2 Bed 3 Person • 3rd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets with landlords permission

£135.43, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 33202

2 BEDROOMS
Accessible Category G
OSTERLEY HOUSE, GIRAUD STREET, E14
Flat • 2 Bed 4 Person • 5th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • Balcony • Permit parking • Pets with landlords permission

£142.52, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 33201

2 BEDROOMS
Accessible Category F
FLAMBOROUGH STREET, E14

House • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Permit parking • Pets permitted

£155.60, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 33166

2 BEDROOMS
Accessible Category F
PARRY HOUSE, GREEN BANK, E1W

Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted

Eligibility : Band 3

£134.95, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 33147

2 BEDROOMS
Accessible Category F
CHEYLESMORE HOUSE, TURIN STREET, E2
Flat • 2 Bed 3 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted

£127.62, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 33209

2 BEDROOMS
Accessible Category F
TAPLOW HOUSE, PALISSY STREET, E2
Flat • 2 Bed 3 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted

£127.28, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 33197

2 BEDROOMS
Accessible Category F
BRIGGS HOUSE, CHAMBORD STREET, E2
Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted

Eligibility : Homeless Permanent

£125.75, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 33206

2 BEDROOMS
Accessible Category F
EDINBURGH CLOSE, E2

Flat • 2 Bed 3 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted

£139.51, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 33199

2 BEDROOMS
Accessible Category D
PROSPECT HOUSE, CAMPBELL ROAD, E3
Flat • 2 Bed 4 Person • 3rd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy

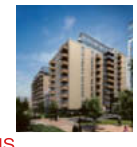
£171.83, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 33196

2 BEDROOMS
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 2 Bed 3 Person • 1st floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

£149.99, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33156



2 BEDROOMS
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 2 Bed 3 Person • 2nd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

£149.99, Weekly - Social Rent
Landlord: Peabody

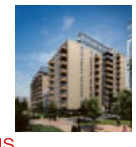
Property Ref: 33159

2 BEDROOMS
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 2 Bed 3 Person • 3rd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

£149.99, Weekly - Social Rent
Landlord: Peabody

Eligibility : Homeless Permanent

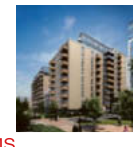
Property Ref: 33162



2 BEDROOMS
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 2 Bed 3 Person • 4th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

£149.99, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33169



2 BEDROOMS
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 2 Bed 3 Person • 5th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

£149.99, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33172

2 BEDROOMS
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 2 Bed 3 Person • 6th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

£149.99, Weekly - Social Rent
Landlord: Peabody

Eligibility : Homeless Permanent

Property Ref: 33176

2 BEDROOMS
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 2 Bed 3 Person • 7th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

£149.99, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33178

2 BEDROOMS
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 2 Bed 3 Person • 8th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

£149.99, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33182

2 BEDROOMS
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 2 Bed 3 Person • 9th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

£150.27, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33185

2 BEDROOMS
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 2 Bed 4 Person • 9th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

£154.78, Weekly - Social Rent
Landlord: Peabody

Eligibility : Homeless Permanent

Property Ref: 33189

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

2 BEDROOMS
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 2 Bed 3 Person • 10th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

£150.27, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33190

2 BEDROOMS
Accessible Category C
MASSEY HOUSE, GUY TOWNSLEY SQUARE, E3
Flat • 2 Bed 4 Person • 10th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Electric cooking. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • One week's advance rent required at sign up of tenancy

£154.78, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33194

2 BEDROOMS
Accessible Category F
BUTLER HOUSE, GEOFFREY CHAUCER WAY, E3
Flat • 2 Bed 3 Person • 1st floor • New build • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted

£155.45, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 33180

2 BEDROOMS
Accessible Category G
CLEMENTINA COURT, COPPERFIELD ROAD, E3
Flat • 2 Bed 3 Person • 4th floor • Open plan kitchen • One lift • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy

£158.91, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 33214

3 BEDROOMS
Accessible Category C
COLLIERS HOUSE, BLAIR STREET, E14
Maisonette • 3 Bed 4 Person • 2nd floor • New build • Separate kitchen • No Lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • No garden • Car free home • Pets with landlords permission • Electric cooking • One week's advance rent required at sign up of tenancy

£176.58, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 33140

3 BEDROOMS
Accessible Category F
CORDELIA STREET, E14

Maisonette • 3 Bed 5 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • One week's advance rent required at sign up of tenancy

£153.02, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 33208

3 BEDROOMS
Accessible Category F
TRINIDAD HOUSE, GILL STREET, E14

Flat • 3 Bed 6 Person • 4th floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted

Eligibility : Homeless Permanent

£130.55, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 33168

4 BEDROOMS
Accessible Category F
RHODESWELL ROAD, E14

Maisonette • 4 Bed 6 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Private garden • Permit parking • Pets permitted • Heating & hot water included in charges

£171.56, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 33144

Reminder

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.

AFFORDABLE RENT PROPERTIES

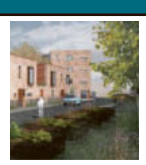
Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life. Please note the rent level and length of tenancy offered on the following homes.

You are advised to check the Homeseekers website at www.thhs.org.uk for further information.

AFFORDABLE RENT
Accessible Category F
HURDLOW HOUSE, MOODY STREET, E1
Flat • 2 Bed 4 Person • 3rd floor • New build • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets permitted • Life Time tenancy • Right to Buy • Right to Buy discount subject to cost floor rule

£252.43, Weekly - Affordable Rent
Landlord: Tower Hamlets Council

Property Ref: 33203



AFFORDABLE RENT
Accessible Category F
HURDLOW HOUSE, MOODY STREET, E1
Flat • 2 Bed 4 Person • 2nd floor • New build • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets permitted • Life Time tenancy • Right to Buy • Right to Buy discount subject to cost floor rule

£252.43, Weekly - Affordable Rent
Landlord: Tower Hamlets Council

Property Ref: 33204

AFFORDABLE RENT
Accessible Category F
HURDLOW HOUSE, MOODY STREET, E1
Flat • 2 Bed 4 Person • 1st floor • New build • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets permitted • Life Time tenancy • Right to Buy • Right to Buy discount subject to cost floor rule

£252.43, Weekly - Affordable Rent
Landlord: Tower Hamlets Council

Property Ref: 33205

AFFORDABLE RENT
Accessible Category G
DURHAM ROW, E1

House • 2 Bed 3 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 6 years • White goods included • One month's rent as deposit and one month's advance rent required at sign up • £130 admin fee
Eligibility : Band 3

£253.00, Weekly - Affordable Rent
Landlord: Southern Housing Group

Property Ref: 33149

AFFORDABLE RENT
Accessible Category F
FIELDGATE MANSIONS BLOCK 10, MYRDLE STREET, E1
Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed term tenancy of 6 years • White goods included • One month's rent as deposit and one month's advance rent required at sign up • £130 admin fee • 40 steps to front door
Eligibility : Band 3

£197.88, Weekly - Affordable Rent
Landlord: Southern Housing Group

Property Ref: 33146

1 Internet Bidding
Just log on to
www.thhs.org.uk

2 Telephone Bidding
Simply call
0845 270 2400

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The role:
We are currently seeking an experienced Head Chef for our successful establishment at Unity Kitchen Café at Olympic Park.

You will work as part of a dynamic team, delivering high-quality food and drinks. The role is to support and train people with learning disabilities, whilst effectively managing the day-to-day running of a motivated and efficient kitchen team.

The ideal candidate will:
- Have an advanced food hygiene qualification or NVQ 2/3
- Be exceptionally customer service-centered
- Have a positive attitude towards people with learning disabilities

We offer great rewards, comprehensive training, pension scheme, childcare vouchers and opportunities for you to develop your career.

Closing date: 21 August 2015

Visit **www.thecamdensociety.co.uk/head-chef**.
CVs should be returned to
recruitment@thecamdensociety.co.uk

The Camden Society is an equal opportunities employer.
We welcome and support applicants with disabilities.

Friends of Island History Trust are looking for a
Part time Self-Employed Administrator/Fundraiser
£8 an hour 18 hours a week only 50 weeks a year
Annual pay £7,200.00p

Close familiarity with the History of Island Life; existing established relations within the community, and proven fundraising expertise.

Please provide written evidence of your ability, from organisations you have worked/volunteered for in the last two years

Closing date: 31.08.15

Apply for Job Description from History Room
37-43 Glengall Grove, Cubitt Town, London E14 3NE.
020 7987 4030 email foiht2014@gmail.com

GP CARE GROUP CIC

EDUCATION COORDINATOR

Fixed term one year contract
(extension subject to funding)
£26,030 PA inc of inner London Weighting

The Tower Hamlets GP Care Group CIC is led by GPs and aims to provide innovative high quality, responsive and accessible health services for local people.

An exciting opportunity has arisen for an experienced administrator to join the education team. The post holder will be responsible for the day-to-day administration, coordination and organisation of administrative processes to support the continuous education development of primary care health and care workforce in Tower Hamlets.

We are looking for a proven administrator with excellent organisational skills including project coordination and minute taking. Knowledge of continuous professional development and previous exposure to events management is essential.

To request a recruitment pack or to arrange an informal discussion please email
thccg.cepn@nhs.net

Please note we reserve the right to close the vacancy early.

Application closing date is
9am on 1st September 2015.

Interviews will be held on the
8th September 2015.

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ASDAN · ncfe. · Highfield

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eastendlife

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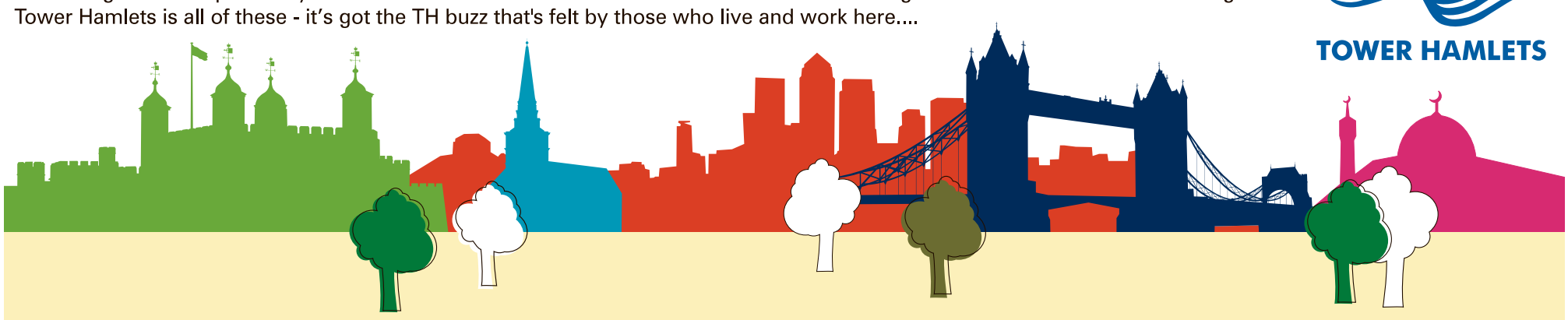
Terri on 7364 4682
Chris on 7364 4994
Fatima on 7364 4623
Sharan on 7364 4061

Career Opportunities

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....

TOWER HAMLETS



Healthy Lives Advisor — £44,828 – £46,346 per annum
Children's Services Directorate
Ref: CSD00004 | Closing date: 13.09.15

Deputy Electoral Services Manager (Registration) — £39,069 – £41,811 per annum
Law, Probity and Governance Directorate
Ref: LPG00072 | Closing date: 31.8.15

Social Workers (Assessment and Intervention) — £32,157 – £41,811 per annum
Children's Services Directorate
Ref: ESW00406 | Closing date: 23.08.15

Data Analyst – Troubled Families — £32,157 – £34,380 per annum
Children's Services Directorate
Ref: ESW00472 | FTC until 31st March 2016 | Closing date: 23.08.15

Primary School Librarian — £31,323 – £32,964 per annum (pro rata)
Children's Services Directorate
Ref: CSD00012 | FTC until 31st March 2016 with possible extension
Part-time | Closing date: 03.09.15

Borough Urban Designer — £28,845 – £44,544 per annum
Development & Renewal Directorate
Ref: DEV00557 | Closing date: 31.08.15

Heritage and Design Officer — £28,845 – £39,069 per annum
Development & Renewal Directorate
Ref: DEV00556 | Closing date: 31.08.15

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

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www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.

Public & Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

383-387 Mile End Road, London, E3 4QS **PA/15/943/HDH**
Sign 1) Aluminium fascia with acrylic The Co-operative food text with vinyl face. Internally illuminated. Sign to be fixed behind glass store front.
Sign2) No.2 Aluminium fascia with backed up acrylic Opening Hours text with vinyl face. Internally illuminated. Signs to be fitted behind glass store front. Sign 3) No.2 Aluminium projection signs with acrylic The Co-operative food text with vinyl face. Internally illuminated.
Sign 4) Aluminium fascia with built up acrylic The Co-operative food letters with vinyl face to be applied to fascia on stand off locators. Internally illuminated letters

221 Burdett Road, London, E3 4AR **PA/15/2045/CSK**
Demolition of existing Structures and Buildings, and erection of 3 town houses and 24 Residential Apartments, Together With Associated Amenity Space, Refuse Store, Cycle Store, Landscaping, and Related Works

First Floor Flat, 56 Bow Road, London, E3 4DH **PA/15/2058/SAE**
Move boiler flue upwards of current position by 1.6 meters. Install louvered extractor fan vent in current flue position.

3 Trinity Green, Mile End Road, London, E1 4TS **PA/15/2031/HDH**
Installation of staircase to provide access to the attic for storage and to access to the boiler. Attic floor to be covered in plywood and painted and roof to be insulated and boarded. Installation of period, hand made pine panelling to the ground floor. A new wood and glass bathroom wall is proposed for the lower ground floor, replacing the 1950's concrete block wall.

89 Cheshire Street, London **PA/15/2050/AHU**
Erection of first and second floor rear extension, to existing residential property.

11A Whites Row, London, E1 7NF **PA/15/2043/AHU**
Installation of a new shopfront.

53 Burdett Road, London, E3 4TN **PA/15/2060/KFL**
Erection of a single storey rear side extension and addition of an extra storey on an existing rear extension to create 1 x 3 bedroom self contained flat.
Enlarged commercial space at ground and basement and new shopfront.

Flat 45, Chandlery House, 40 Gowers Walk, London, E1 8BH **PA/15/2049/DHA**
Installation a new window on the courtyard wall.

53A Mile End Road, London, E1 4TT **PA/14/03049/HDH**
Display of 1x fascia sign.

15 Artillery Passage, London, E1 7LJ **PA/15/01993/KHA**
First Floor Rear Extension.

St Bartholomews and the Royal London Medical College, Turner Street, London **PA/15/1663/DHA**
Replacement of existing handrails and paving to steps and ramp to comply with DDA regulations, installation of tactile paving at top and bottom of existing steps and ramp.

50 Brick Lane, London, E1 6RL **PA/15/688/DHA**
Retention of existing air-conditioning units to the rear.

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

34 Wrexham Road, London, E3 2TJ **PA/15/2042/BMC**
The removal of the existing rear timber doors and roof light to infill extension and replacement with new frameless glass roof light and a single aluminium glazed door amd associated works.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 17th August 2015

OWEN WHALLEY
Head of Planning and Building Control

TOWER HAMLETS

Public & Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

221 Burdett Road, London, E3 4AR **PA/15/2045/CSK**
Demolition of existing Structures and Buildings, and erection of 3 town houses and 24 Residential Apartments, together with Associated Amenity Space, Refuse Store, Cycle Store, Landscaping, and related works

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 17th August 2015

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL

TOWER HAMLETS

Public notices

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – JOSEPH STREET E3

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering or stopping in the following temporary prohibition:

Location: Joseph Street from a point approximately 10 metres to a point approximately 50 metres in the north-western direction under the railway bridge from its junction with Ackroyd Drive;

Reason: To allow essential detailed railway bridge inspection to be carried out on the public highway by Centurion Traffic Management;

Alternative Route: For vehicular traffic will be via Ackroyd Drive, Bow Common Lane and Joseph Street and vice versa:

Period: On Wednesday 26th August 2015 from 10:00 hours until 15:30 hours.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Clean, Green and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 17th August 2015

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
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Public notices

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – DELTA STREET E2

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Delta Street between its junction with Gossett Street and its junction with Wellington Row;

Reason: To allow works to be carried out on the public highway by Thames Water;

Alternative Route: For vehicular traffic will be via Gosset Street, Wellington Row and Delta Street and vice versa or Wellington Row, Barnet Grove and Gosset Street;

Period: From Tuesday 8th September 2015 to Thursday 10th September.

Please refer any queries regarding the above traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email, david.pryce@towerhamlets.gov.uk

Dated: 17th August 2015

SIMON BAXTER
INTERIM SERVICE HEAD
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THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – CORBET PLACE & JEROME STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location:

a) Corbet Place, for a distance of approximately 30 metres, east, from its junction with Jerome Street;

b) Jerome Street, between its junction with Commercial Street and its junction with Calvin Street;

Reason: To allow essential works to be carried out on the public highway by Verizon Business;

Alternative Route: For vehicular traffic will be via Commercial Street, Quaker Street (eastbound), Wheler Street and Calvin Street or Commercial Street, Hanbury Street and Corbet Place (northbound) or Corbet Place, Grey Eagle Street, Calvin Street;

Period: From Tuesday 8th September 2015 to Thursday 17th September 2015.

Please refer any queries regarding traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email david.pryce@towerhamlets.gov.uk

Dated: 17th August 2015

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – CAROLINE STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, having consulted Transport for London, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Caroline Street for a distance of approximately 50 metres between its junction with Cable Street and its junction with Commercial Road;

Reason: To allow essential works to be carried out on the public highway by Road Traffic Solutions;
Alternative Route: Via Commercial Road, Pitsea Street and Cable Street or Commercial Road and Butcher Row;

Period: On Sunday 13th September 2015.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Clean, Green and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 17th August 2015

SIMON BAXTER
INTERIM SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – THREE COLT STREET E14

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Three Colt Street, a distance of approximately 20 metres between its junction with Limehouse Causeway and its junction with Milligan Street.

Reason: To allow essential works to be carried out on the public highway by Agility Alliance on behalf of Thames Water.

Alternative Route: For vehicular traffic will be via Milligan Street, Limehouse Causeway and Three Colt Street and vice versa.

Period: From Tuesday 25th August 2015 to Thursday 27th August 2015.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Clean, Green and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 17th August 2015

SIMON BAXTER
INTERIM SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – DOD STREET E14

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will continue in force to prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Dod Street, a distance of approximately 5 metres, west, from its junction with Stainsby Road;

Reason: To allow essential works to be carried out on the public highway by SMBJV;

Alternative Route: There are no alternative routes for vehicular traffic as it is a dead end street or cul-de-sac;

Period: From Monday 17th August 2015 to Friday 4th December 2015.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Clean, Green and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 17th August 2015

SIMON BAXTER
INTERIM SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – OLD BETHNAL GREEN ROAD E2

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the following temporary prohibition:

Location:

a) At the junction of Old Bethnal Green Road and Teesdale Street;

b) In Old Bethnal Green Road between its junction with Canrobert Street and its junction with Blythe Street;

Reason: To allow essential works to be carried out on the public highway by LBTH;

Alternative Route: Via Old Bethnal Green Road, Mansford Street, Hackney Road and Temple Street and vice versa or Old Bethnal Green Road, Canrobert Street (southbound), Bethnal Green Road and Cambridge Heath Road;

Period: From Monday 7th September 2015 to Friday 11th September 2015.

Please refer any queries regarding the above traffic restriction to Moira Underwood, Street Scene Engineer, Engineering on 020 7364 6529 or email, moira.underwood@towerhamlets.gov.uk

Dated: 17th August 2015

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

Public & Legal Notices

Why you should read these.

Public and Legal notices could effect you in many ways. These notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

Take Notice of Public Notices

Make sure you know what's going on in your neighbourhood.

To place your Public notices in East End Life,

please call…

Terri on 7364 4682
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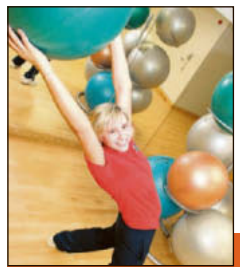
Fatima on 7364 4623
Sharan on 7364 4061

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS



Get fit and have fun

To find out more about the wide range of healthy and enjoyable events and activities available at the borough's leisure centres, see below, go to your local centre or visit...

WWW.GLL.ORG

On your bikes to make Sid's dream come true

Sid enjoys a ride along the coast

BY PETER FAULKNER

SIDNEY Schuman, a record-breaking cyclist, wants Tower Hamlets residents to help stop the wheels coming off his latest dream.

In May Sid launched his Over 80s Cycling Club at the Lee Valley VeloPark.

But he is worried that his dream to get elderly residents out on their bikes has hit the brakes before it even starts.

So far he hasn't found one octogenarian to ride with him in the Queen Elizabeth Park so now he has launched a new appeal.

Sid wants residents aged 80 and over in Tower Hamlets and surrounding boroughs, to get in touch.

"I have had one inquiry from a gentleman in Orpington and he decided Lee Valley was too far away," said Sid.

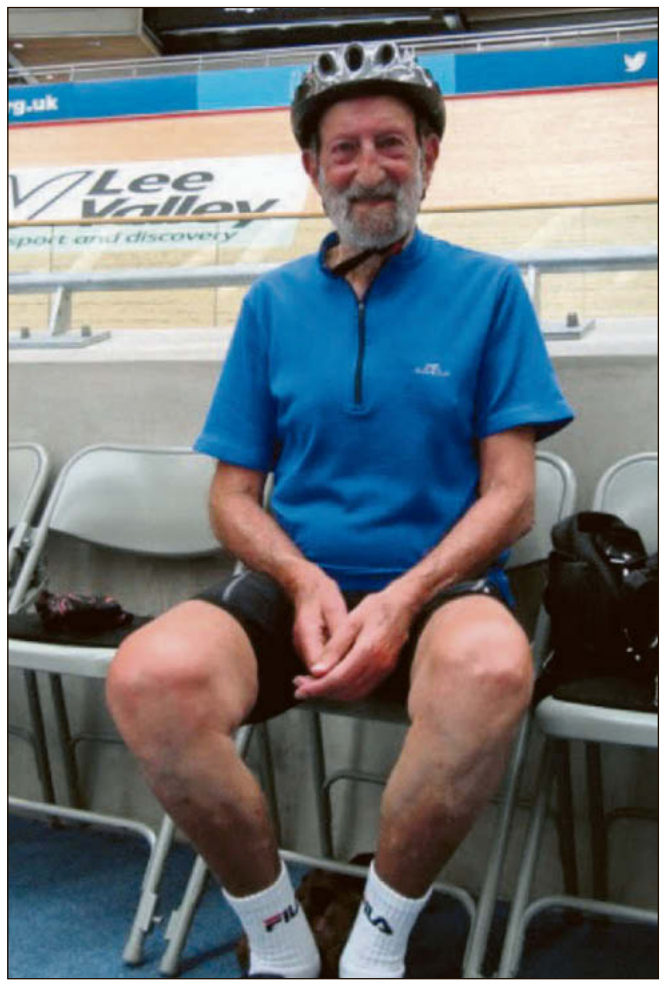
"So I'm afraid the 80 Plus Cycling club is just a figment of my imagination at present.

"It seems other octogenarian cyclists have better things to do so unless we can find some members, then sadly the club will not get underway.".

Sid, 84, who beat a record for 114 laps of the track for the 80-84 age group, says the group is designed to be sociable, not competitive.

He said: "I just want get other 80-year-old cyclists together for social rides around the Lee Valley.

"If they enjoy riding with others who are old enough to know better, then we can plan regular rides.



Sid after his ride at the Lee Valley VeloPark

"This is not a competitive club so people can forget about my cycling past. This is just for leisure and to keep fit."

Schuman, who has broken his hip twice and has been cycling since he was 11, only took up track cycling in May after a taster session at the VeloPark.

If the Over 80s Cycling Club appeals to you contact Sidney at **schumansidney@gmail.com** and he may have second thoughts about putting the brakes on his idea.

He can meet any Tuesday, but call him first on 07743 399692 giving 24 hours notice.

Leisure centres

John Orwell Sports Centre
Tench Street, Wapping, E1W.
7488 9421

Langdon Park Leisure Centre
35 Byron Street, Poplar, E14
7987 3575

Mile End Park Leisure Centre
190 Burdett Road, E3.
8709 4420

Mile End Park Stadium
Rhodeswell Road, Poplar, E14.
8980 1885

St George's Leisure Centre
221 The Highway, Wapping E1W.
7709 9714

Tiller Leisure Centre
Tiller Road, Isle of Dogs, E14.
7987 5211

Whitechapel Sports Centre
55 Durward Street, Whitechapel, E1.
7247 7538

York Hall Leisure Centre
5-15 Old Ford Road, E2.
8980 2243

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Weekly sessions. £1.10.
Tues, 6pm.
John Orwell Sports Centre, Tench Street, E1W.
07914 685261

Body conditioning
Thurs, 6.15pm. Shadwell Basin Centre, Glamis Road, E1.
07961 951522

Cricket coaching
Under-11s and under-13s – Weds, 4-5.30pm; under-16s – Tues, 4.30-6pm; ages 16+ – Thurs 5-8pm.
Dockland Settlement, 197 East Ferry Road, E14.

Docklands women's running group
All abilities welcome
Mon, 6.30pm. Mile End Stadium, Rhodeswell Road, E14.
07958 368070

Football training
Every Sat, 9-11am for boys and girls aged 5-11,Mulberry School for Girls, Richard Street, E1; 12-1pm for boys and girls aged 3-5. St Patrick's School, Dundee Street, E1W.
07956 095218

Kibondo
Martial art for ages 6 & over. Mon, 6.30-8pm, all ages; Fri, 7-8.30pm, seniors & adults. £4 adults, £3 children, first lesson free. Teviot Centre, Wyves Street, E14.
07956 428654

Kickboxing and self-defence
£5 per class. Suns, 1pm; Tues, 7pm (women only).
Whitechapel Sports Centre, Durward Street, E1.
07983 201987

Chi Kung
Ancient Chinese exercise with gentle, meditative exercises.
Mon, 6-7.15pm.
St Margarets' House Settlement, E2.
07905 098413

Kool Karate and Fitness Fun
Every Tues & Thurs, 5-6pm.
St James-the-Less Hall, St James's Avenue, E2.
07934 126510

Kung fu
Learn the Wong Shun Leung system of ving tsun.
Weds, 8-9pm. £7, adults only (kids classes coming soon).
St John's Church Hall, 200 Cambridge Heath Road, E2.
07930 609379

Kung fu fitness
Mons 7-9pm.
Bryant Street Methodist Centre, Stratford, E15.
07950 637345

Muay Thai for women
KO London, 186 The Arches, Globe Road, E2. Sat 3-4.15 £7 concs, £9 waged.
7265 9693

Martial arts
Learn the Wong Shun Leung system of ving tsun kung fu.
Weds 8-9pm. £7, adults only.
St John's Church Hall, 200 Cambridge Heath Road, E2.
07930 609379

Netball
Arbour Netball Club train at the Parkside Leisure Centre at Mulberry School, Commercial Road, E1 every Monday night.
01277 811772

Rugby
Millwall Rugby Club. Men's, women's and youth teams.
Suns, 10.30am-12pm (youth); Mons, 7.30-9pm (adults); Weds, 7.30-9pm (men); Thurs. 6.30-7.30pm (boys aged 7-17); Thurs, 7.30-9pm (women all ages).
www.millwallrugby.com

Rugby for children
Tag rugby (non contact) games for ages 2-7. Sats, 10am-12pm (term-time). Free trial.
Victoria Park, Grove Road, E9.
01252 794150
www.trytimekidsrugby.com

Self-defence and keep fit
Self-defence and keep fit with freestyle Tae Kwon do. Mixed classes of adults and children every Tues 6.30-8pm & Sun, 1-3pm.
Tiller Leisure Centre, Tiller Road, E14.
8310 1469 or 07950 896926

Seniors exercise
Mons, 1.30pm, line dancing; Tues, 10.45am, workout.
London Dockers Club, 6 Boulcott Street, E1.
7790 3785

Sun kune do
Mons, 7-8.15pm. Adults £4.50, ages 10-16, £3.50.
Lifra Hall, 7 Halley Street, E1.

Swimming
Learn to swim (5 years +), competitive swimming skills/fitness (9 years +), and masters swimming (18 years+).
Bethnal Green Sharks Swimming Club, York Hall, and Mile End Park and St George's leisure centres.
07931 782172
www.bgssc.co.uk

Horn closes in on Euro title

Repton Boxing Club's light-flyweight star Harvey Horn, left, was on the verge of winning a European title this week. He would be only the second boxer from the club to achieve this.

SEE BELOW

Shaky opener

Tower Hamlets Football Club made a disappointing start to the season losing 2-0 away to Essex side Takeley.

SEE BELOW

Young Olympic hopefuls keep Rio in their sights

BY PETER FAULKNER

AIMEE Willmott and Harvey Horn, two of east London's 2016 Olympic medal hopes, have spent the past week trying to prove to the selectors they are ready for Rio.

Swimmer Aimee, a student at the University of East London who trains at the London Aquatic Centre, showed her potential by reaching her first world final in Kazan, Russia, on August 9.

And on the same day Horn, a member of Bethnal Green's Repton Club, punched his way into the semi-finals of the European boxing championships in Samakov, Bulgaria.

It all ended disappointingly for Willmott, when she finished seventh in the 400m individual medley event.

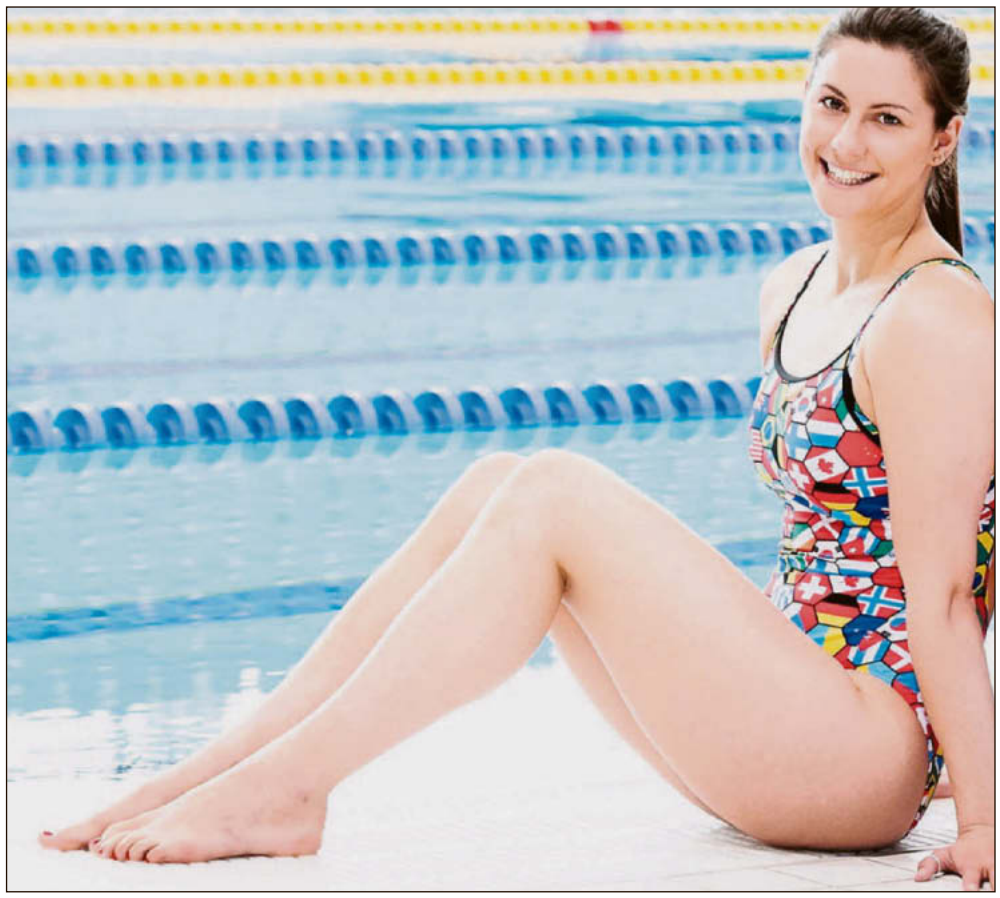
"Before I went to Russia, my aim was to get in the final and if I did that it would be something I could build on," said Aimee, 22. "It is difficult hanging around for eight days but these are things I have to get used to and also get used to early morning swims."

Willmott finished three places behind British rival Hannah Miley, but both of them need to find something for Rio that can end the reign of race winner Katinka Hosszu of Hungary.

Horn, the reigning Amateur Boxing Association champion, has strengthened his claims to a place in the GB team for Rio. Boxers who finish in the top six in their weight class will secure a place in the AIBA World Championships in Doha in September – a qualifying event for Brazil.

In his first contest, Horn took a unanimous verdict against Germany's Serge Neumann.

In the quarter-finals, he won by a clear margin against Poland's Dawid Jagodzinski and was due to box Azerbaijan's Iulian Ivanov as East End LIfe went to press.



Olympic medal hope Aimee Willmott has reached her first world final in Russia

Hamlets bounce back for new boss Abayomi

Soccer round-up

Takeley 2
Tower Hamlets 0

NEW manager Ade Abayomi saw his Tower Hamlets side begin the new Essex Senior League season with a defeat and a victory.

After a winning pre-season campaign, Abayomi was expecting big things from his young side.

It didn't go to plan when they visited Essex side Takeley on August 8 and returned home, stung by a 2-0 defeat, albeit against the run of play.

But they got their act together 48 hours later when they inflicted a 2-0 defeat on Basildon at Mile End Stadium.

Against Takeley the side were left to rue several missed chances as they were beaten on the opening day of the new season.

Abayomi said after the match: "We just weren't clinical enough. This is something that we need to work on."

Hamlets started the brighter of the two sides with some good play by Omar Rowe, Yusuf Ali and Danio Brown.

Brown had the first meaningful shot on goal but it went just wide. Rowe was then through on goal but his attempted chip shot just went over the bar.

Despite a lot of early pressure it was Takeley who took the lead through Lockett and the same player struck again in the second half to clinch victory.

Back at Mile End Stadium, in front of their own supporters on August 10, Tower Hamlets looked a different side against Basildon United.

This time they took their chances, Omar Rowe striking a great goal from the left after 18 minutes and then O'Neal Rowe making sure of a win in the 51st minute giving the keeper no chance.

Sawbridgeworth 2
Sporting Bengal 2

SPORTING Bengal, who spent most of last season fighting relegation, displayed the kind of fighting powers that would ensure they won't face the same struggle this season.

Most fans were thinking it was the same old story when the team went two goals down through Mitchell Das and Charlie Cole.

But Bengal showed great spirit, and goals from new faces Hussain and Yacine earned them an Essex Senior League point.

■ THERE was little activity from the Inner London Football League's Open Age Summer competitions as the Premier Division was won by Lotus FC last week. The First Division title decider will take place on the final weekend of the division with London Gaza and ACE going head-to-head

In the Vets Premier League, London Tigers Vets continued their title defence in sizzling fashion with a 7-0 victory over Bromley Legends.

Abohani Vets and Beaumont Masters continue to chase the Tigers as they both beat Tower Hamlets Vets and SYA Vets respectively. Stepney and Weavers played out a 1-1 draw.

In the First Division, Barnados extend their position at the top by four points following a 2-1 win over Revive Legends. Redbridge FC drop further down the table, having been top for most of the season, as they lost 3-2 to St Katharines.

Mostyn are still seeking their first win since the opening day of the season as they went down 1-0 to Beaumont B. Riverside Vets record their first win of the season as they beat Shadwell Masters 2-1. That win lifts them off the foot of the table. Shadwell are bottom.

Basketball

Lions set to roar

LONDON Lions coach Nigel Lloyd takes charge of his new-look side for the first time on Saturday, August 22 when the University of Masschusets Minutemen provide opposition at the Copper Box Arena.

UMass guards Donte Clark and Trey Davis are players that Lions fans will enjoy watching

The Lions have been slowly rebuilding their squad and coach Lloyd has added some really exciting talent.

"I am getting excited about putting the likes of Nick Lewis, Kai Williams and Joe Ikhinmwin on the floor just to watch their chemistry," he said.

The London Lions embark on the new season on September 25 against Leeds Force.

Muay Thai

Battling the best

BETHNAL Green's Greg Wootton faces the fighter they have labelled 'the best in the world' in Bolton on October 10.

Wootton, a product of the Bill Judd conveyor belt of champions at the KO Gym, will meet the reigning WMC and WBC world title holder, Thailand's Saenchai sor Kingstar, who has ruled four weight divisions.

Saenchai is so good that he often has to concede weight advantage to secure a fight. To date, he has had a staggering 336 kick-boxing fights and won 282.

Table tennis

Summer camp

MORPETH Table Tennis club is holding a three day summer camp from August 25-27.

The camp will run from 10am-12noon for beginners and novices and from 1-3.30pm for intermediate-level players.

Primary or secondary teachers in Tower Hamlets can find out how pupils can join on 7837 6229.

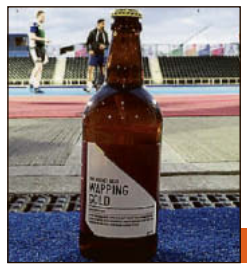
Morpeth may also offer taster sessions at your school.

On Saturday, August 27 Morpeth stages an exhibition match between former German international Jorg Rosskopf and Austrian Chen Weixing.

Saddle up

Sidney Schuman is calling on the over-80s to join his cycling club

SEE PAGE 34



Something's brewing at Wapping

Proceeds from Wapping Hockey Club's beers will be poured into grassroots hockey , with the soon to be relaid pitch at the John Orwell Centre in Wapping at the heart of the action.

SEE BELOW

TOWER HAMLETS
eastendsport
NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

It's jolly hoppy sticks

Wapping beer to be sold at EuroHockey Championship and in local pubs... with profits used to boost the sport locally

BY PETER FAULKNER

WAPPING Hockey Club will get recognition on Friday that their new home is an international centre for their sport.

For ten days they will vacate Lee Valley Hockey & Tennis Centre in the Queen Elizabeth Olympic Park to make way for Europe's elite in the first EuroHockey Championship at this venue.

But while Wapping won't be playing at the stadium during that time (Great Britain goalkeeper Maddie Finch excepted) they will have a presence behind the bar in the form of their very own beer.

The ever-innovative club has produced three brews for sale at the stadium and in various pubs in Tower Hamlets, including their 'clubhouse', The Cape, at St Katharine Docks.

And what's more, brand profits will be poured into grassroots hockey in Tower Hamlets, with the action centred around the John Orwell Sports Centre in Wapping.

Ambitious club chairman Stuart Burnside said: "We will benefit financially from the European championships because we will launch our own beer brands at the event.

"It will be on tap throughout the event, at the club during the season and at selected local pubs."

He said the money would help fulfil part of the Olympic Legacy.

"The Olympics were all about inspiration and so too is the legacy," Stuart told East End Life.

"More and more people in Tower Hamlets are choosing to pick up a stick and play. Hockey is the most gender balanced sport in the country.

"It has been particularly noticeable how many couples signed up for free beginner sessions at Wapping this summer.

"These new players can now watch the Euros knowing they will play on that same pitch.

"When the imminent relaying of the John Orwell Centre completes, we will be able to start training tomorrow's Olympians, inspired by today's.

"We are determined to invest in making Tower Hamlets synonymous with first class hockey.

"Not only will the Euros help finance our grassroots delivery in Tower Hamlets, they help us market the club internationally, ensuring we continue to attract the best coaches."

For tickets go to **http://eurohockey2015.co.uk** and for news about the club visit **www.wappinghockeyclub.com**

Coach Maddie Hinch will be representing Great Britain in the EuroHockey Championships at Wapping's home ground

Howzat for free cricket?

IF you are between eight and 14 and want to play cricket, you can enjoy a free introduction to the nation's summer sport.

Middlesex Cricket Board, in partnership with the Lords Taverners and Tower Hamlets Cricket Club, are holding free cricket sessions this month.

If you are interested in playing you will get professional coaching from Middlesex Cricket Board's qualified coaches.

The free sessions are taking place from 4-6pm at: Stepney Park on Tuesdays; Millwall Park on Wednesdays; Victoria Park on Thursdays, (run by Tower Hamlets Cricket Club); Play On Sports, Whitechapel, on Thursdays.

The sessions will continue to run in the parks on the same evenings through until October half-term.

For details call Shakeel Ahmed on 07506 356980 or email **shAkeelahmed@middlesexccc.com**

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Seaside special

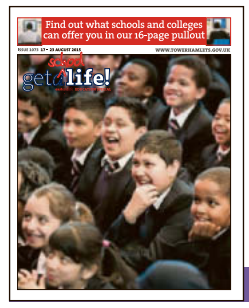
Park hosts a Grand Day Out

SEE PAGE 10

Build it and they will come

Kids battle it out at Mudchute Farm go-kart extravaganza

SEE PAGES 18 & 19



Educating the East End

Plan your future with our Get a School Life pullout

SEE INSIDE

ISSUE 1073 17 - 23 AUGUST 2015

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TOWER HAMLETS

eastendlife

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I am Patience and I am from Nigeria. I completed my HNC in Business at ICON College.

I LIKED STUDYING AT ICON COLLEGE BECAUSE ...

- The teaching staff are very friendly, informative and helpful.

- The teachers really encouraged me to achieve the best results and supported me in my studies.

- The lectures are very engaging and they really make learning at ICON College an interesting and enjoyable experience.

I am Md Shafiqur and I am from Bangladesh. I am studying Business.

I ENJOY STUDYING AT ICON COLLEGE BECAUSE ...

- ICON College offers unlimited wifi access to all students which means I can use my laptop in class!

- The College offers flexible study programmes which allow students to maintain a good balance between work, studies and family life.

- The College provides a wide range of support including careers and financial advice, and accommodation support, so we always have someone to advise us when we are facing hardship.

I am Silvija and I am from Lithuania. I am studying Travel & Tourism Management.

I JOINED ICON COLLEGE BECAUSE ...

- I really liked the fact that ICON offers flexible start dates: they admit new students in September, February and May.

- All of ICON's lecturers are highly qualified and experienced, so I knew that I would be learning from some of the best academics in TTM.

- I thought it was great that ICON assigned an academic tutor to each student for the duration of their study.

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Find out what schools and colleges can offer you in our 16-page pullout

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Environment is key to success

IF you're thinking about your next step in education, your study environment is vital. At Hackney Community College's Shoreditch campus you'll have top facilities, whatever you want to study.

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You can study alone or in groups in the learning resources centre, and let off steam in the high-standard sports centre after lessons.

Students at the college can get discounted gym membership, and also join one of the college's successful sports academies, which will give you a chance to star in national leagues.

Whether you want to prepare for university with the college's sixth form, or set yourself up for a great job with industry-standard facilities and expert staff, it is an enviable environment that you'll be proud to be a part of.

Hackney Community College's Shoreditch campus is easy to get to, just around the corner from Hoxton station, and with plenty of buses stopping nearby. The college promises ambition, success and opportunity.

Have a look at **www.hackney.ac.uk** and go along to see for yourself.

Enrolment starts on August 20 for 16- to 18-year-olds and adults with offers and for everyone else the following week.

Swanlea... an enriching experience for students

SWANLEA is an OFSTED 'Outstanding,' mixed school for 11- to 19-year-olds, in the heart of Tower Hamlets.

Vibrant and academically successful, we are proud of the achievements of our students – they make outstanding progress, above the national average, with students at Swanlea making better progress than 90 per cent of students nationally.

Swanlea's outstanding, collaborative sixth form provides a broad range of academic subjects with students securing places at Russell Group and Oxbridge universities.

Recognised for our excellence, we hold the Equalities award, acknowledging our work in celebrating and respecting all within our fully inclusive school.

We are also proud to be Stonewall Champions, an Artsmark award school and an accredited 'Healthy School.'

We provide the best possible opportunities for students to succeed, our curriculum supporting and challenging them to be the best they can be. Outstanding literacy and numeracy programmes sit alongside numerous opportunities in the performing and creative arts.

As a school, Swanlea not only succeeds when it comes to academics but aims to provide an enriching experience for students beyond the taught day.

We run free extra-curricular activities including debating, swimming, boxing and archery, offering opportunities to take part in a programme tailored to meet student interests.

A business and enterprise college, we have developed partnerships with organisations such as Deloitte, Merrill Lynch and The Wolfson Foundation.

There is also the collaborative, cross-phase East 1 Schools' Partnership, where Swanlea works with local primary schools to support pupils and parents.

Our Student Leadership Programme provides students with a real say in what happens at Swanlea, and students have also led many fundraising campaigns, our most recent Christmas appeal collecting more than £2,000 for the Ebola crisis.

We value the contribution of parents and carers, holding coffee mornings each week where parents can drop in and speak to the head teacher.

We also facilitate ESOL and ICT classes for parents/carers.

Come along to our open mornings on Monday, September 28, and October 2, 5 and 12, from 9.30-10.30am.

There will also be an open evening on October 7, from 4pm-6pm, where you will be able to see for yourself how Swanlea School makes education an enriching experience for all.

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*Depending on your existing qualifications. You must have lived in the UK or European Union for the last three years to be eligible.

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- **Are you a student starting (or continuing) at University in October 2015?**
- **Do you live in Bethnal Green*?**
- **Have you been to school locally?**

If the answer to all three questions is 'yes', you may be eligible for a £200 book grant from Parmiter's Bethnal Green Educational Fund

The application form and map can be downloaded from **www.towerhamlets.gov.uk** or via the Parmiter's Bethnal Green Educational Fund's Facebook page.

A **fully** completed application form and a **map correctly marked** with your address need to arrive with the Clerk to the Trustees by **Monday 31 August 2015.**

Parmiter's Bethnal Green Educational Fund

We are a Charity that can help students who live in the old Metropolitan Borough of Bethnal Green* (E2 post-codes, Collingwood Estate E1, Bow E3 between Regent's Canal and Driffield & Lyal Roads) or live in Tower Hamlets **and** attend, or attended, sixth form at one of Cambridge Heath Sixth Form, Raines School or Bethnal Green Academy.

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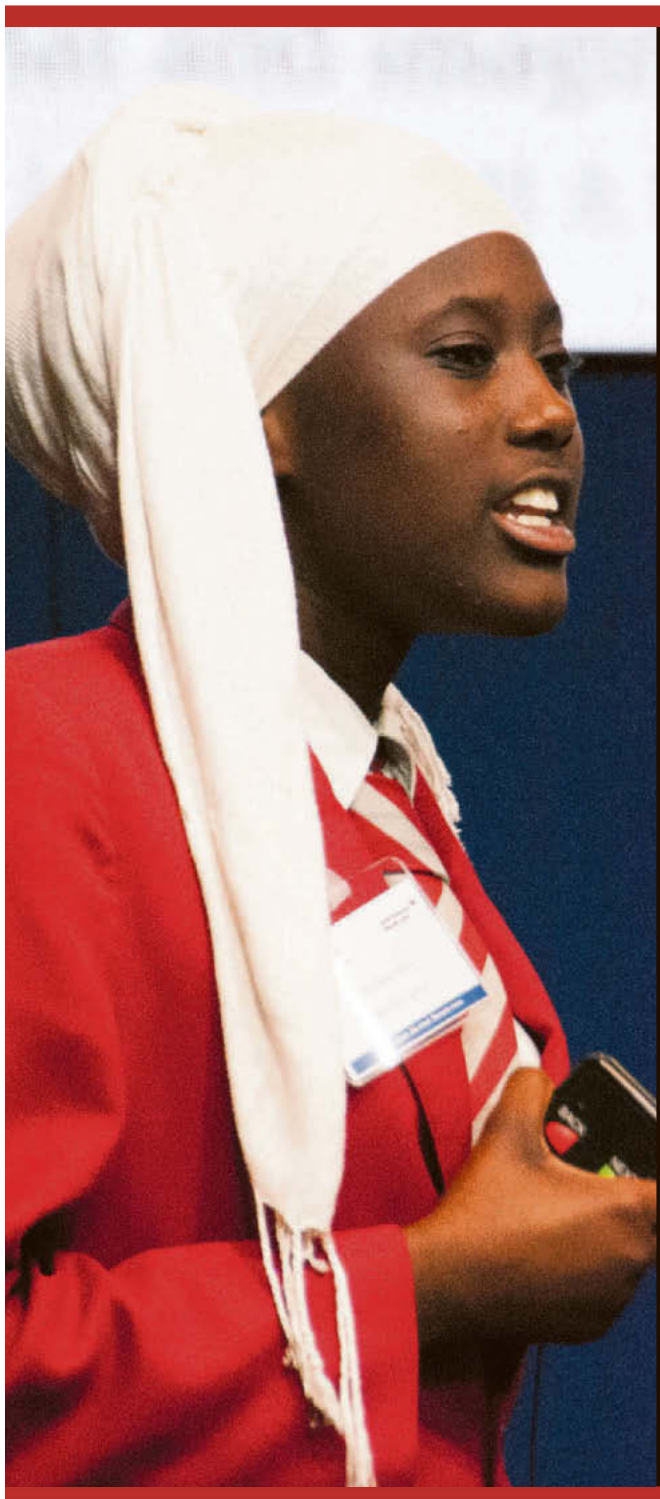
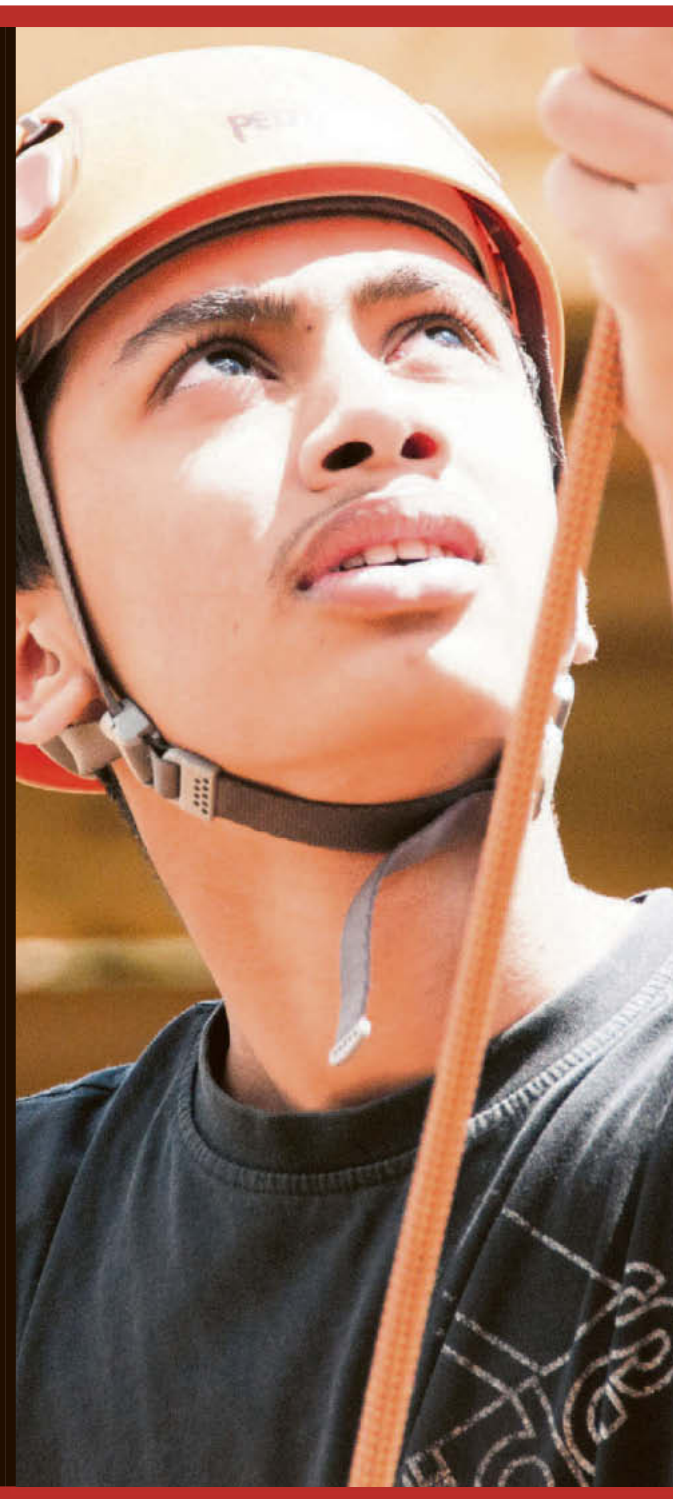
OPEN DAYS 2015





Meet the Staff | Speak to Students | See the Work | Tour the Grounds

Monday 28th September 9:30am - 10:30am

Friday 2nd October 9:30am - 10:30am

Monday 5th October 9:30am - 10:30am

Wednesday 7th October 4:00pm - 6:00pm

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School placements are key for your learning and the assessment of the course. In your placement schools you will participate in a range of activities that gradually move you towards taking full responsibility for planning, teaching, managing and assessing a range of classes in the school.

We have partnerships with more than 1,000 primary and secondary schools across the country.

This means that not only can you choose to do your placement close to home, you will also have the opportunity to experience several diverse classroom settings during your course.

If you would prefer to gain international experience, you are able to organise placements abroad with university support.

We have agreements in place with a number or institutions in Europe and in the USA.

Jordan Whinn, studying PGCE Primary Education with QTS, said: "Getting out there in a variety of different schools – big schools, even rural and urban schools was a real benefit.

"It's really, really enjoyable seeing all the different children in different environments.

"The experience that you gain working with the children is just unsurpassed. You can't beat it."

With campuses across the UK in Carlisle, Ambleside, Lancaster and London, we are now the university of choice for more than 10,000 students.

Our London site is in East India Dock Road. The University of Cumbria's strong reputation in teacher training can be seen in that 70 per cent of Tower Hamlet schools employ at least one University of Cumbria trained teacher.

In addition, the University of Cumbria is award-winning in student support – our experience in producing professional graduates, in-demand from employers, means that we are the university for students who want to make sure their degree will get them into the career of their choice.

We still have places available through clearing for a September 2015 start.

For more information, visit **www.cumbria.ac.uk/clearing**

Learn more with Kumon

AS the summer holidays roll on, attention will soon turn towards the start of the new school year.

Whereas thoughts may be focused on ensuring children have a new, crisp, school uniform and a restocked pencil case, it is just as important to ensure your child is equipped with the most vital tools for a successful year ahead; a good grip on the core subjects of maths and English and the learning skills required for academic progression.

The Kumon Poplar Study Centre offers individualised maths and English programmes tailored to all ages and abilities. Established for more than 50 years, the Kumon programmes enable children to develop their study skills and confidently tackle advanced work.

Having long breaks from school means children may require extra support to get back into the routine of daily study.

Kumon can help your child start their new school year with motivation and confidence, ensuring they gain maximum benefit from the year ahead.

Kumon develops children through the acquisition of independent learning skills, rather than teaching in the conventional sense. Through daily study of the Kumon programmes, your child will develop the ability to learn for themselves.

Your child will then be able to apply these skills to all subjects and outside of school too.

Kayley Li (pictured), the first student at Kumon Poplar, began working on simple addition problems in March 2014 and is currently working on four operations with two fractions.

She has gained tremendous confidence and works independently.

Simon Li, Kayley's dad, says: "I am very surprised with her progress over the last 17 months. She is one of the top five maths students in her school, and is improving all the time. Kayley is now two years ahead of the international standard. I am very proud of her progress."

At Kumon, learning is always for the long run: the individualised programmes enable students to progress to an advanced level, at their own pace. The programmes develop the independent learning skills essential for university and employment, while also focusing on essential academic skills.

Kumon Educational is UK's largest supplementary education provider, with more than 68,000 students studying at more than 640 study centres.

The Kumon Poplar Study Centre is at St Matthias Community Centre, 113 Poplar High Street, E14, with classes on Mondays and Thursdays, 3.45-5.45pm, throughout the year.

Now is an ideal time to enrol your child at Kumon. For more information, call Pooja Nellore on 7055 5319 or email **poplar@kumoncentre.co.uk**

Find a job with Skillsmatch help

SKILLSMATCH is an award-winning recruitment service that is here to help you find work.

Our friendly and professional team can give you the support you need to find the perfect job – whether that's working in construction or IT, starting off an apprenticeship, or anything in between, we've got loads of opportunities on offer for you.

And if you need help to prepare for your dream job, we offer that too. We can provide training to make sure you are the best candidate, support you with job applications, or help you refine those interview skills.

Since 1997, we have helped nearly 10,000 people in Tower Hamlets find work.

Martin is one of them. He discovered Skillsmatch after seeing an advert in East End Life.

He said: "I was doing volunteering work to keep myself from twiddling my thumbs and complaining, and it also helped me to develop skills. But I was still struggling to find paid work.

"The experience I had at Skillsmatch was spot on. Everyone I met helped me with everything from updating my CV, helping me to feel ready for interviews and even preparing me for my first day in my job.

"The support from Skillsmatch covers everything from start to finish. They even followed up to check how I was getting on in my job."

Thanks to the service he received from our team, Martin felt a lot more confident and found work as an assistant support worker in a local charity.

"It has been life changing," Martin added.

You can find Skillsmatch at the Council's Employment and Skills Centre, 55 Upper Bank Street, E14 (near Poplar DLR station) – or at Idea Stores Whitechapel and Chrisp Street.

You can also call 7364 0626 or email **skillsmatch@towerhamlets.gov.uk**

Kumon's **maths and English** study programmes work throughout the summer to ensure your child is constantly learning and developing their ability.

To unlock your child's potential, contact your local Instructor for a free assessment.

Poplar Study Centre
Pooja Nellore **020 7055 5319**

KUMON

kumon.co.uk

Fees vary. Please refer to your local study centre.

CANARY WHARF COLLEGE 3
AGED 4- 18

Come to our
OPEN EVENTS

OPENING SEPTEMBER 2016

PRIMARY
MORNINGS 9:15AM
15TH SEPTEMBER
29TH SEPTEMBER
13TH OCTOBER

SECONDARY
EVENINGS 7:30PM
15TH SEPTEMBER
22ND SEPTEMBER
29TH SEPTEMBER
6TH OCTOBER
13TH OCTOBER

TO BOOK A PLACE PLEASE COMPLETE AN ATTENDANCE FORM ON OUR WEBSITE

- OUTSTANDING OFSTED 2013 CWC EAST FERRY
- SUCCESSFUL FIVE YEAR TRACK RECORD
- APPROVED BY DEPARTMENT FOR EDUCATION

Live, share and celebrate the love of learning in a Christian environment whilst welcoming those of other faiths and cultures

197 EAST FERRY ROAD, LONDON, E14 3BA
T: 0207 515 2328 E: ADMISSIONS@CANARYWHARFCOLLEGE.CO.UK
WWW.CANARYWHARFCOLLEGE.CO.UK @CANARYWHARFCOLL

SIR JOHN CASS REDCOAT SCHOOL

Stepney Way, London E1 0RH
Tel: 020 7790 6712
Web: www.sjcr.net
Email: info@sjcr.net

MAIN SCHOOL OPEN MORNINGS 2015

Please arrive at 9.45am. Tours run from 10.00am to 11.00am

September 2015

Friday 4th September
Monday 7th September
Wednesday 9th September
Friday 11th September
Monday 14th September
Wednesday 16th September
Friday 18th September
Monday 21st September
Wenesday 23rd September
Friday 25th September
Monday 28th September
Wednesday 30th September

(if Eid-al-Adha falls on 23rd or 25th September, the school will be closed)

October 2015

Friday 2nd October
Monday 5th October
Wednesday 7th October
Friday 9th October
Monday 12th October
Wednesday 14th October
Friday 16th October
Monday 19th October
Wednesdy 21st October
Friday 23rd October

OPEN EVENING 2015

Monday 28th September, 5pm-7pm

visit **www.sjcr.net** to find out more about SJCR School

Achieve at Sir John Cass Red Coat

SERVING the community in Tower Hamlets, Sir John Cass Red Coat School is the highest-achieving school in Tower Hamlets, and the highest achieving school of its type in the UK.

Sir John Cass Red Coat is a co-educational, Church of England and multi-faith secondary school extending from Years 7-11, with the Sir John Cass Sixth Form College focused on post-16 learning.

As a specialist language and business enterprise college we have developed great links with notable organisations such as Barclays and Morgan Stanley. We have also built close links with schools all over the world.

As a result we are able to offer a diverse curriculum and great opportunities to our students, housed in a wide range of departments and supported by outstanding equipment, facilities and teaching.

Our students make outstanding progress in their learning, and our examination results continue to improve each year.

Students' achievements have been consistently above national average, and have been well above the national average for the last three years in subjects including English and mathematics. This is as a result of the teaching at the school, whereby students receive an appropriate level of challenge in their lessons.

Teaching and learning are also supported by our team of learning mentors and academic tutors, offering extra help, support and motivation for organisational and study skills, including reading, writing and communication. A high level of support, both academic and pastoral help enhance confidence and progress in our students.

The Sir John Cass Sixth Form College offers a wide-ranging, balanced and flexible curriculum including a full complement of academic subjects at AS and A levels, as well as a broad section of vocational courses.

A high proportion of our students go on to higher education, including university.

Sixth form students are encouraged to take responsibilities within the school to develop personal qualities, which are essential for their future and careers.

We provide a comprehensive service including advice sessions, and option evenings for students and parents, and organise a number of workshops and conferences, with guests from industry and higher education.

Both secondary school and sixth form students are encouraged to take advantage of the vast number of extra-curricular and enrichment activities our school provides, including various sports, music and extra language opportunities.

By providing an environment in which pupils feel cared for and valued, they will increase in confidence and gain independence, two of the key skills needed to set them on the right path for their future journeys.

Mulberry

Sixth Form Centre

50 YEARS OF PIONEERING WOMEN'S EDUCATION

"Confidence, Creativity, Leadership and Love of Learning"

Looking for the best sixth form option available? Find out how we can offer you a whole lot more!

95% of those that applied to University gained a place last year, our highest ever percentage.

Mulberry achieves outstanding outcomes for our young women and is consistently amongst the highest achieving sixth forms in Tower Hamlets.

We have a strong track record of getting students into University and we have excellent facilities including a recently modernised independent learning centre, a prayer room, a coffee bar and a separate sixth form library.

Other opportunities are regularly being put in place for ALL students to take advantage of, such as the many prestigious events organised by a specialist team including our Women's Education Officer

We also offer:

- Excellent pastoral care provided by tutors and the FE team including expert guidance on applying to University and alternatives to University.
- Mulberry Youth Conference, a renowned Model UN programme, Duke of Edinburgh Award (Bronze, Silver, Gold) and a whole host of other extra curricular activities.
- Strong links with businesses and various HE institutions e.g. Goldsmiths, KCL, SOAS, UCL, Claire College, Cambridge, Oxford etc.
- A wide range of subjects including over 20 subjects at A level or equivalent.

"Students value the excellent working relationships they have with their teachers and particularly appreciate teachers' willingness to provide additional support and guidance when they fall behind or need extra help."

2013 OFSTED report

Where: Mulberry School for Girls, Richard Street, London, E1 2JP. Near Whitechapel Tube and Shadwell Tube/DLR.

For an application form or to order our new prospectus call us on

020 7790 6327 ext 201 or visit **www.mulberry.towerhamlets.sch.uk**

We are fully subscribed for 2015, but enquiries for last minute availability can be made from **2nd September.**

An Open Evening for 2016 applicants will take place on 5th November at 4pm.

Oaklands
(11-19 Comprehensive School)

Outstanding 6th Form Examination Results 2015

- **50% A Level Students at Russell Group/top Universities**
- **97% of students achieved A*-E**
- **55% of students achieved A*-B**
- **Oaklands students accepted at London Medical Schools**
- **2 Parents achieved grade A in Bengali**

Open Days

Our Year 6 Open Days for Prospective Parents are:

Tuesday 15th September 2015
9.00am - 10.30am

Wednesday 16th September 2015
9.00am - 10.30am and 5.00 - 6.30pm

Thursday 17th September 2015
9.00am - 10.30am

Come and see us at our Open Events when presentations by the Headteacher Patrice Canavan OBE, will begin promptly at 10am on the morning sessions and 6pm on the evening session.

Oaklands School
Old Bethnal Green Road
London E2 6PR
11 – 19 Comprehensive
020 7613 1014
www.oaklands.towerhamlets.sch.uk

Progress rapidly at Langdon Park

LANGDON Park School opened its new sixth form in September 2013 and has already been recognised as one of the best in the UK having been awarded an A Level Provider Score (ALPS) grade of 1 last year.

ALPS measures the progress students make nationally during their sixth form study and compares the grades they achieve to their GCSE scores to establish which sixth forms are helping students to make the most progress and achieve the best results based on their prior ability and performance.

An ALPS grade of 1 means Langdon Park School had achieved as much or more progress with its students than any other school or college did in the previous year.

"We were very pleased to see the excellent progress our students made last year," said headteacher Richard Fitzgerald.

"Having now seen the results from this year we are very pleased again and of course we are also absolutely delighted to be sending so many of our students off to university for the first time."

"We will not know what our A Level Provider Score is for some time yet but, looking at the results, it is clear we will be amongst the best in the country again this year.

"It's great to see our students achieving the grades they need to get into university and to see so many of them getting their first choice places."

Langdon Park School opened its doors to sixth form students in 2013 and formed the Sixth Form East consortium along with Stepney Green, St Paul's Way Trust and Bow schools.

Langdon Park School's sixth form has trebled in size in its first two years and has become a popular choice for students.

Sixth form director Spencer Prichard said: "We currently attract about a third of our sixth form from students who did not originally go to Langdon Park as well as those who did and that will probably continue into the future."

Sixth form enrolment days for Langdon Park are Thursday, August 20 to Friday 28 (10am-3pm).

Langdon Park's sixth form has trebled in size over two years

What's next after school and college?

Skillsmatch
INNOVATION IN JOB BROKERAGE

Skillsmatch are teaming up with leading apprenticeship providers and employers to recruit apprentices for companies across London in….

Construction Trades and Management roles
Business Administration
Creative Industries
IT & Media sectors
Customer Service

Get employed whilst working towards full NVQ Level 2 / 3

For more information call the Skillsmatch team on 020 7364 0626
or email constructiondesk@towerhamlets.gov.uk

TOWER HAMLETS

Langdon Park School

Excellent teaching, calm happy and purposeful atmosphere…

Sixth Form Enrolment Days:

Thursday 20th August – Friday 28th August
10am – 3pm

Prospective Parents (Year 6 Students) Open Mornings

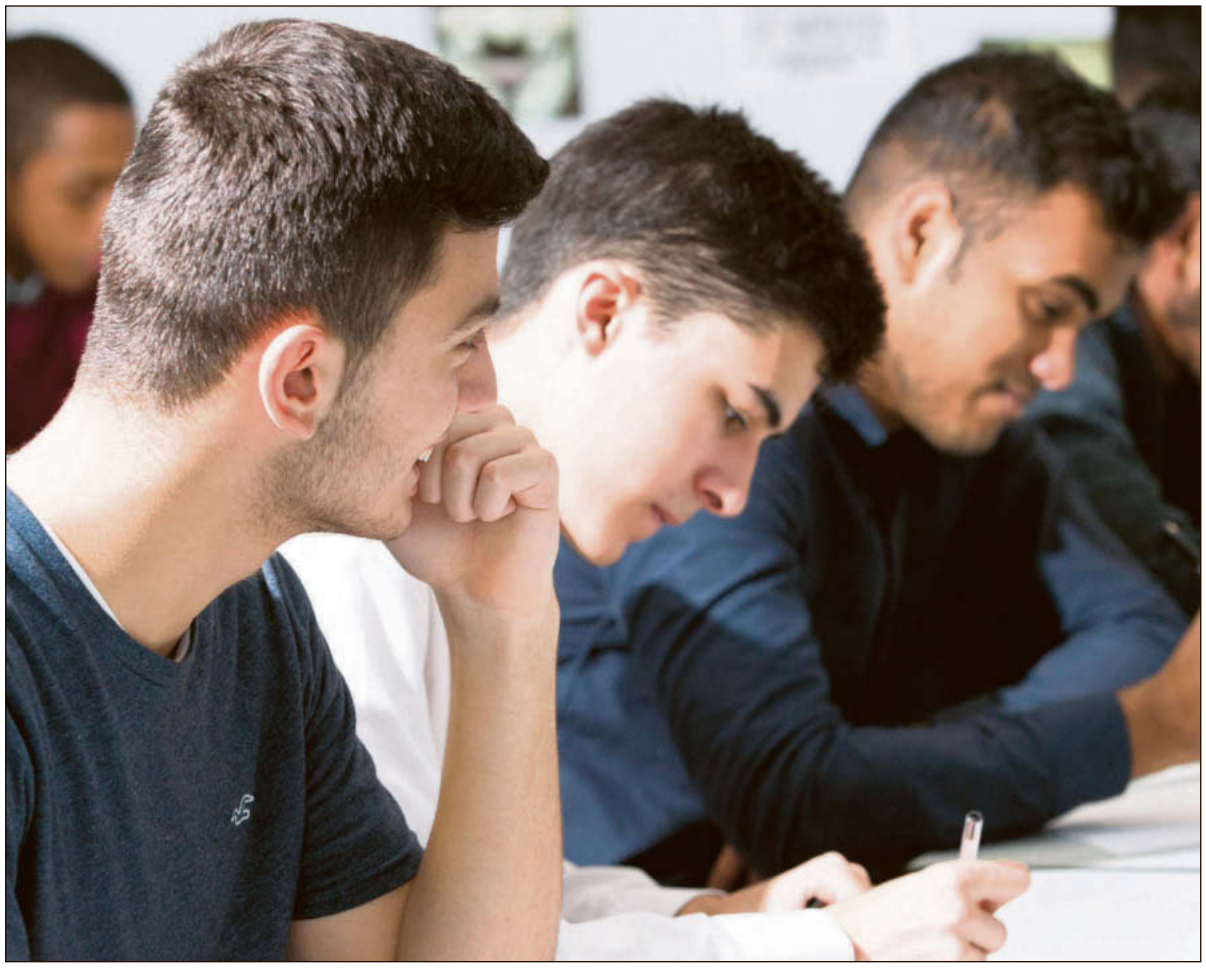
Monday 14th September – Friday 18th September
9:30 – 10:45am

Come and see for yourself what a day in our school is like…

Langdon Park School
Bright Street | London E14 0RZ
020 7987 4811
admin@langdonpark.org

www.langdonparkschool.co.uk

Opportunity knocks at Bow School



IT is a great delight to reflect on the exciting year we have had at Bow Sixth Form, especially the achievements of our supportive staff and Year 12 students.

From exciting lessons in a range of challenging new A Level subjects to volunteering in the local community, our inaugural Year 12 have been filled with enthusiasm about the wide-ranging opportunities available to them to fully prepare them for their future.

They have benefitted from one-to-one mentoring from Aon and Rothschild, work experience placements including schools, pharmacies, architects, the National Archives and the Bank of England, and clear advice on their potential next steps.

As a school, we are immensely proud of the way the students have developed the maturity and independence to proactively pursue these opportunities.

Some have voyaged to Canada and America this summer on transatlantic programmes, others undertaking summer schools in Oxford, Cambridge and Bristol and two budding scientists taking up research posts at UCL with the Nuffield Bursary Scheme.

More importantly, the students have maintained this proactivity and aspiration throughout the year, tickling our taste buds with their baking and reaching new heights trampolining.

We have students who are members of the SEO Scholars and Social Mobility Foundation programmes, as well as a team of budding entrepreneurs, ready to make their first million with Young Enterprise.

One of these students has recently graced newspaper pages, having won the Young Enterprise National Journey Award, for which they were rewarded with a Google internship and money for a new laptop.

It has been both rewarding and exciting to see the excellent progress that the students have made this year.

With the support of all the staff at Bow School, we look forward to the possibilities that, with increased numbers for September and a new Head of Year 12 and 13 on board, the next year group will bring.

HCC Sixth Form

Hackney Community College

What's your ambition?

Study in Shoreditch!

A Levels, BTECs, Vocational and Professional qualifications, Apprenticeships

Enrolling

Thursday 20 August
1-5pm

Friday 21 August
10am-4pm

Then from Mon 24 August
Saturday Enrolment 5 Sept 10am-1pm
See www.hackney.ac.uk for full details and opening times

info@hackney.ac.uk
020 7613 9123

Hackney Community College
Shoreditch Campus
Falkirk Street
London N1 6HQ

www.hackney.ac.uk

Got your results? Get your place!

BOW SIXTH FORM

Delivering Excellence

To discuss your place or make a late application, come and visit us between 10.00 and 12.00 on Thursday 20th, Friday 21st, Monday 24th, Tuesday 25th or Wednesday 26th August.

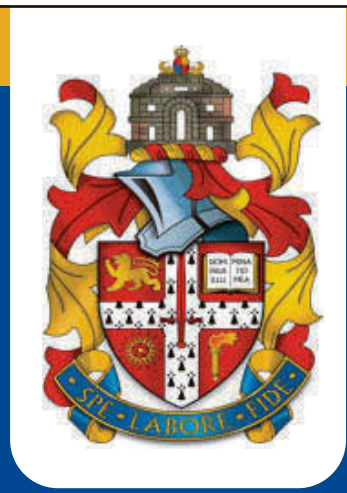
In the meantime, why not visit the website to find out about our sixth form curriculum and extensive enrichment options?

To arrange an appointment, email enrolment@bow-school.org.uk

Headteacher: Cath Smith | Bow School, 44 Twelvetrees Crescent, London E3 3QW | bs@bow-school.org.uk www.bow-school.org.uk | T: 020 7536 5525 F: 020 8987 4504

SIXTH FORM EAST

Central Foundation Girls' School Sixth Form



Visit our 6th Form Open Evenings

- Wednesday 21st October 2015 &
- Wednesday 3rd February 2016

- Dedicated 6th Form facilities in an adult learning environment
- Outstanding teaching lead by dedicated, specialist staff
- Outstanding outcomes for students over the last 3 years

Excellent Prospects

Of those leaving in July 2014:

84% Year 13 applicants went to University, including 14.5% to Russell Group

Pass Rates 2014 Overall: 96.9%

A Level: A*- B: 53%

BTEC
Level 3 D* - M: 99%
Level 2 D - P: 100%

CONTACT US AT:

www.central.towerhamlets.sch.uk/
Email: sixthform@central.towerhamlets.sch.uk
Tel: 020 8981 1131 Ext: 601 or 602

TRANSFORMING • CHALLENGING • VALUING • EMPOWERING

Central Foundation is alive with energy

CENTRAL Foundation Girls' School Sixth Form is both a historic and very modern vibrant site, buzzing with energy.

Its dynamic atmosphere generates excellent results by promoting intellectual curiosity and confidence in a structured and safe environment.

As a forward thinking school, Central Foundation understands that student enjoyment, progress and attainment are linked directly to effective teaching and learning. It has used its Building Schools For the Future programme to ensure staff are able to deliver its agenda in new, state-of-the-art facilities throughout the sixth form site.

All students entering the school are met with a dedicated team of teachers and staff waiting to challenge and support them in equal measure to get the best results they can. With pass rates in 2014 of 99.4 per cent for A Level and 100 per cent for Level 2 and 3 BTEC, it is no surprise that the sixth form is oversubscribed each year.

One of the reasons for its popularity is the additional programmes offered as Central Foundation has built up an impressive number of links with outside organisations, giving students the opportunity to gain skills, knowledge and experience from experts.

These include: Barts and The London SAMDA programme for those applying for medicine or dentistry at university; Aim2Attain with KPMG; K+ Programme with Kings' College London; Mentoring with the Girls' Network; practice interviews and CV advice from a range of City businesses and work experience at places such as Deloitte and the Bank of England. In-house, a week long post-18 progression programme, as well as access to KS5 academic learning mentors ensures that students succeed.

Taklima Begum who studied A Level religious studies, sociology and Level 3 BTEC business studies, said: "The teachers are amazing and have supported us to become our own person. I cannot thank them enough."

School trustees have this year introduced an annual bursary worth a total of £6,000 over three years for five students heading to university from September, to towards expenses.

It is not just all work though as students participate in after-school and holiday activities through including cooking, driving school, first aid, paddle boarding, trips and ice-skating, as well as schools Duke of Edinburgh and Sports Leadership programmes.

Students are also encouraged to apply for one of the leadership positions available at sixth form, which include head girl, ambassador and form representative.

Central Foundation Girls' continues to deliver a high-quality education and shape its girls to be women of confidence, high achievement and ones ready to make an exceptional contribution to the world.

Want to know more about educating tomorrow's women?

Contact the school at **sixthform@central.towerhamlets.sch.uk**

Tower Hamlets Apprenticeship Programme

Skillsmatch
INNOVATION IN JOB BROKERAGE

Tower Hamlets Council is now recruiting for its Apprenticeship Programme. This 12 month scheme offers a great opportunity for any young person who would like to achieve a nationally recognised qualification whilst gaining valuable work experience. Successful candidates will be placed in teams across the council.

The apprenticeships on offer:

- Level 2 Apprenticeship in Business and Administration
- Level 2 Apprenticeship in Customer Service
- Level 2 Apprenticeship in other areas including Play & Learning (Children's Centre)

To be able to apply, you must:

- Be a resident of Tower Hamlets
- Be aged between 16–24 years
- Have grade D or above in GCSE English and grade E or above in GCSE Maths (or equivalent)
- Must not hold a degree or level 4 qualifications
- Be committed to the council's core values of achieving results, engaging with others, valuing diversity and learning effectively.

Programme benefits include:

- An opportunity to gain a nationally recognised vocational qualification
- A 12 month fixed term contract
- 30 hours per week @ £9.15 per hour
- 21 days annual leave per annum.

We want this programme to represent all sections of our community and we positively encourage all to apply including people with disabilities. A DBS enhanced check (criminal record check) that is satisfactory to us may be a condition of appointment for some of the roles.

To apply for these opportunities please ring Skillsmatch on 020 7364 0626 no later than 12pm on 1 September 2015.

Applicants must leave their name and number explaining what vacancy/opportunity they are applying for and one of the advisors will call back and conduct a telephone screening. Those that pass this screening will be invited in for observation and testing.

TOWER HAMLETS
EQUALITY FRAMEWORK FOR LOCAL GOVERNMENT EXCELLENT
POSITIVE ABOUT DISABLED PEOPLE
London Living Wage Employer
INVESTORS IN PEOPLE | Silver

CAMBRIDGE HEATH SIXTH FORM

Broadening horizons

Looking for high quality teaching, academic support and challenge, enrichment opportunities and lots of extracurricular activities?

Join Us on Enrolment Day

Friday 21st August 2015

12.00 midday (for individuals who have not already applied)

Wessex Wing, Morpeth School, Hadleigh Street, London E2 OLD
Telephone: 020 7791 7350

We offer:

- a wide range of A Level and BTEC courses
- access to teaching and facilities in three outstanding schools
- a proven track record in academic success
- support for personal and social development

Visit us, find out more and enrol

If you have already applied and have the entry requirements, come at 9.00am.
Bring your results, photo ID (and a reference, for students who have not already applied).

Cambridge Heath is a successful sixth form partnership between Morpeth, Oaklands and Swanlea Schools, in the London Borough of Tower Hamlets

The right choice for your future

TOWER Hamlets College principal Gerry McDonald is urging young students this summer to make the right choice, especially when it comes to choosing their destinations for A Level study.

He says: "More than ever, it is so important for young people to make the right choice first time, when it comes to studying this year.

"By choosing to study at Tower Hamlets College, students can be assured that they will get all the support and guidance they need to help them progress to university or into employment.

"We have more than 20 years of experience in teaching A Levels aligned with the expertise to help students to make the right choices to help them progress successfully.

"It can be a risk for the students to choose to study at another place with less experience than ourselves and that is why I want them to see us as their number one study choice."

Sadat Rashid

Charlotte Finn

Tower Hamlets College is the best place to come to if you want to get into university, adds Mr McDonald. "We are sending more young Tower Hamlets students to university than other local schools, so students can be confident that this college will help them every step of the way to secure a university place."

More local students are going to leading Russell Group universities where they are performing extremely well and securing firsts and 2:1s on their degree courses, he added.

Charlotte Finn, 18, from Poplar, is really pleased she chose to study with Tower Hamlets College last year, describing it as the best decision I have ever made.

Charlotte studied A Levels in economics, maths and physics and is progressing to a year-long internship with Hermes Investment, based in the City of London and after that to university to study economics and finance.

She says: "The College provided me with the first steps into the industry I want to work in, through its programmes that enable you to gain experience."

In fact, students have the opportunity to gain industry experience and get preparation for applying to internship programmes with leading Canary Wharf and City businesses, which has seen the college place 50 students into KPMG alone, the most of any London college.

Sadat Rashid, 18, is progressing to university this summer to study aeronautical engineering after completing his A Levels in maths, further maths and physics. He praised the support of his teachers and described his time at the college as "life changing and motivational".

Just like Sadat, many more of the college's students are progressing to study exciting degrees in engineering, maths, law, business and science as well as other subjects like law, journalism, history and psychology.

The college is rated by Ofsted as a good college – a sign of quality teaching – and has the widest choice of A Level courses on offer locally (20+).

Student surveys highly praise the quality of the college's teaching and the support and guidance students receive in helping them to achieve the best grades they can.

Tower Hamlets College will be enrolling on all courses, including A Levels from Thursday, August 20.

Look on our website – **www.tower.ac.uk/enrolment** – for details about times and dates and more information.

CITY GATEWAY

Do you need help figuring out your next step?

If you are interested in

- Pre-employment training
- Apprenticeships
- Traineeships

City Gateway could be a great place for you.

Visit citygateway.org.uk for more details

'Getting your foot in the door is priceless and that's what City Gateway did for me' Zan Mahmood – Ex student

CITY GATEWAY

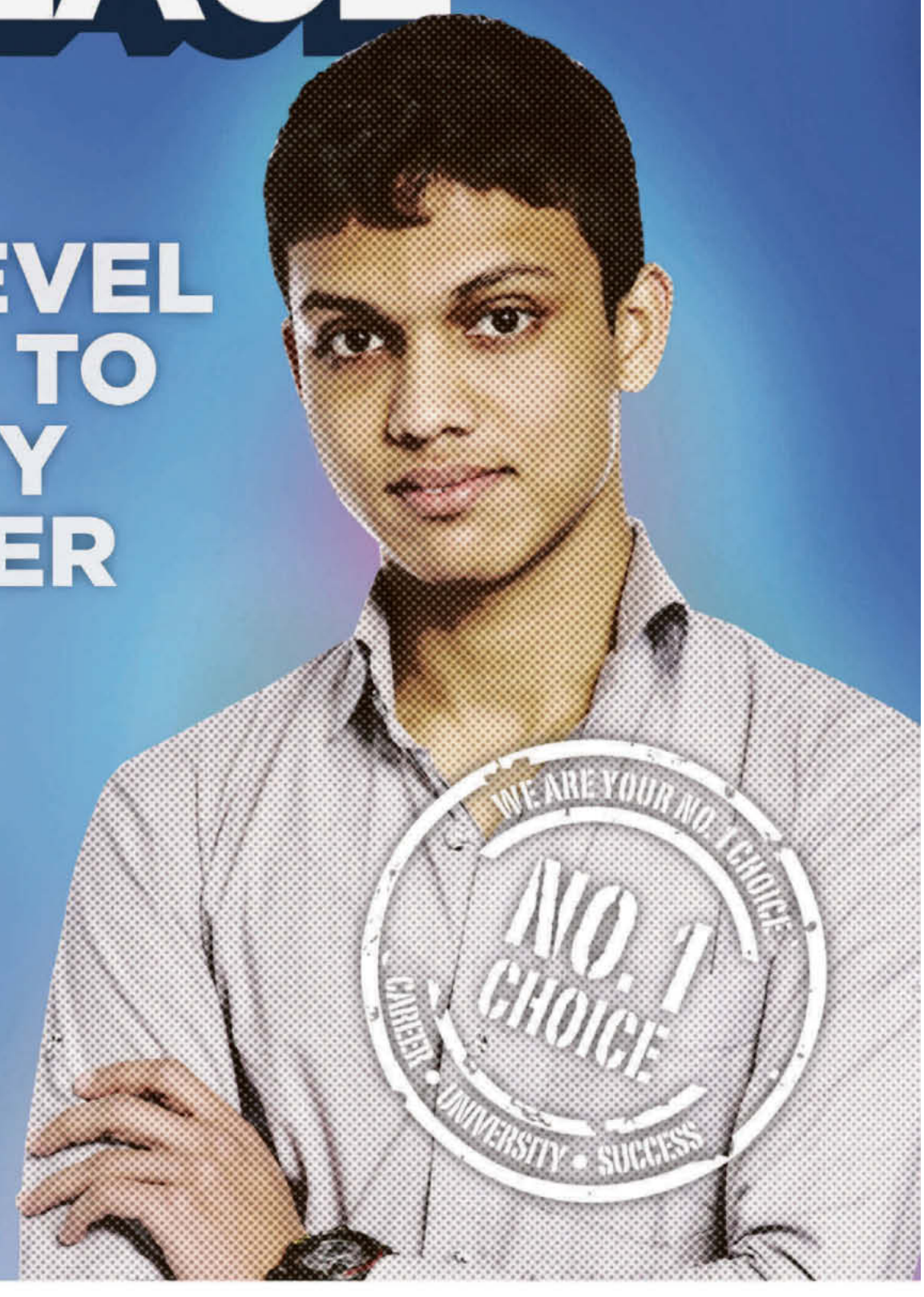
A GOOD COLLEGE WITH OUTSTANDING FEATURES
OFSTED 2014

Tower Hamlets College

ENROLLING FROM THURSDAY 20 AUGUST 2015

SECURE YOUR PLACE

WE SEND MORE A-LEVEL STUDENTS TO UNIVERSITY THAN OTHER LOCAL SCHOOLS



"MY EXPERIENCE AT COLLEGE HAS BEEN MOTIVATIONAL AND LIFE CHANGING"

Sadat - studied A-Levels, progressing to university to study aeronautical engineering

You Tube
WATCH OUR VIDEOS AND FIND OUT WHY WE ARE YOUR NUMBER ONE CHOICE
WWW.YOUTUBE.COM/C/TOWERHAMLETSVIDEOS

WWW.TOWER.AC.UK/ENROLMENT